






























Portland, ME - Jul 2017

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:45	9.3	6:21	9.5	11:58	0.4			5:03	8:26	
2	Sun	6:45	8.9	7:16	9.4	12:35	1.0	12:54	0.8	5:04	8:26	
3	Mon	7:45	8.6	8:10	9.4	1:37	1.0	1:49	1.1	5:04	8:25	
4	Tue	8:42	8.4	9:00	9.5	2:35	0.9	2:42	1.3	5:05	8:25	
5	Wed	9:34	8.4	9:46	9.6	3:27	0.8	3:30	1.3	5:05	8:25	
6	Thu	10:21	8.5	10:29	9.7	4:13	0.6	4:14	1.3	5:06	8:25	
7	Fri	11:06	8.6	11:09	9.8	4:56	0.4	4:55	1.3	5:07	8:24	
8	Sat	11:47	8.6	11:48	9.9	5:35	0.3	5:34	1.2	5:08	8:24	
9	Sun			12:26	8.7	6:12	0.2	6:11	1.2	5:08	8:23	
10	Mon	12:26	9.9	1:04	8.8	6:48	0.1	6:49	1.1	5:09	8:23	
11	Tue	1:02	9.9	1:40	8.9	7:23	0.0	7:27	1.1	5:10	8:22	
12	Wed	1:38	9.9	2:16	9.0	7:58	0.0	8:06	1.0	5:11	8:22	
13	Thu	2:17	9.8	2:54	9.1	8:36	0.0	8:49	0.9	5:11	8:21	
14	Fri	2:58	9.7	3:35	9.3	9:17	0.0	9:36	0.8	5:12	8:21	
15	Sat	3:44	9.6	4:20	9.5	10:02	0.0	10:27	0.7	5:13	8:20	
16	Sun	4:36	9.4	5:09	9.7	10:50	0.1	11:22	0.6	5:14	8:19	
17	Mon	5:31	9.3	6:02	10.0	11:42	0.2			5:15	8:18	
18	Tue	6:31	9.2	7:00	10.3	12:21	0.3	12:38	0.2	5:16	8:18	
19	Wed	7:35	9.2	8:00	10.6	1:23	0.1	1:38	0.2	5:17	8:17	
20	Thu	8:40	9.3	9:00	11.0	2:27	-0.3	2:40	0.1	5:18	8:16	
21	Fri	9:42	9.6	9:59	11.3	3:29	-0.8	3:39	-0.1	5:19	8:15	
22	Sat	10:41	9.9	10:55	11.6	4:26	-1.2	4:36	-0.4	5:20	8:14	
23	Sun	11:37	10.1	11:51	11.6	5:22	-1.5	5:32	-0.5	5:21	8:13	
24	Mon			12:31	10.3	6:15	-1.6	6:27	-0.5	5:22	8:12	
25	Tue	12:45	11.5	1:24	10.3	7:07	-1.5	7:21	-0.4	5:23	8:11	
26	Wed	1:37	11.3	2:14	10.2	7:57	-1.2	8:14	-0.2	5:24	8:10	
27	Thu	2:29	10.8	3:05	10.1	8:47	-0.8	9:08	0.1	5:25	8:09	
28	Fri	3:21	10.2	3:56	9.8	9:37	-0.3	10:03	0.4	5:26	8:08	
29	Sat	4:16	9.6	4:49	9.6	10:28	0.2	11:00	0.8	5:27	8:07	
30	Sun	5:11	9.0	5:41	9.4	11:19	0.7	11:57	1.0	5:28	8:06	
31	Mon	6:08	8.6	6:33	9.2			12:11	1.2	5:29	8:05	