

































Portland, ME - Mar 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:21	8.9	8:05	8.1	1:04	1.5	1:52	0.6	6:17	5:29	
2	Sat	8:17	9.1	8:56	8.3	2:03	1.4	2:45	0.5	6:15	5:30	
3	Sun	9:06	9.2	9:41	8.5	2:54	1.2	3:31	0.3	6:14	5:31	
4	Mon	9:50	9.4	10:21	8.8	3:38	0.9	4:11	0.2	6:12	5:33	
5	Tue	10:29	9.6	10:58	9.0	4:18	0.7	4:47	0.1	6:10	5:34	
6	Wed	11:06	9.6	11:31	9.1	4:54	0.5	5:19	0.0	6:08	5:35	
7	Thu	11:41	9.6			5:29	0.4	5:50	0.0	6:07	5:36	
8	Fri	12:03	9.2	12:15	9.5	6:02	0.3	6:21	0.1	6:05	5:38	
9	Sat	12:34	9.3	12:49	9.4	6:37	0.2	6:53	0.2	6:03	5:39	
10	Sun	1:05	9.4	2:24	9.1	8:13	0.2	8:28	0.4	7:01	6:40	
11	Mon	2:39	9.4	3:03	8.9	8:53	0.2	9:07	0.6	7:00	6:41	
12	Tue	3:18	9.4	3:48	8.6	9:37	0.3	9:52	0.8	6:58	6:43	
13	Wed	4:04	9.4	4:40	8.4	10:28	0.4	10:42	1.0	6:56	6:44	
14	Thu	4:56	9.3	5:39	8.2	11:24	0.4	11:40	1.1	6:54	6:45	
15	Fri	5:56	9.4	6:45	8.2			12:27	0.4	6:53	6:46	
16	Sat	7:03	9.5	7:54	8.5	12:43	1.1	1:35	0.2	6:51	6:47	
17	Sun	8:12	9.9	8:58	9.0	1:51	0.8	2:41	-0.3	6:49	6:49	
18	Mon	9:16	10.4	9:56	9.7	2:57	0.2	3:40	-0.8	6:47	6:50	
19	Tue	10:15	10.9	10:50	10.3	3:57	-0.4	4:35	-1.3	6:45	6:51	
20	Wed	11:10	11.2	11:41	10.8	4:53	-1.0	5:26	-1.6	6:44	6:52	
21	Thu			12:03	11.3	5:46	-1.4	6:15	-1.7	6:42	6:54	
22	Fri	12:30	11.1	12:55	11.2	6:38	-1.7	7:03	-1.5	6:40	6:55	
23	Sat	1:17	11.2	1:45	10.9	7:29	-1.6	7:50	-1.1	6:38	6:56	
24	Sun	2:04	11.0	2:36	10.3	8:20	-1.3	8:38	-0.5	6:36	6:57	
25	Mon	2:53	10.6	3:29	9.7	9:12	-0.9	9:29	0.2	6:35	6:58	
26	Tue	3:44	10.1	4:26	9.0	10:08	-0.3	10:23	0.8	6:33	7:00	
27	Wed	4:40	9.5	5:26	8.5	11:06	0.3	11:22	1.4	6:31	7:01	
28	Thu	5:39	9.1	6:28	8.1			12:08	0.7	6:29	7:02	
29	Fri	6:41	8.7	7:31	8.0	12:24	1.7	1:13	1.0	6:27	7:03	
30	Sat	7:45	8.6	8:30	8.1	1:30	1.8	2:16	1.0	6:26	7:04	
31	Sun	8:43	8.7	9:22	8.3	2:31	1.7	3:10	0.9	6:24	7:06	