US HARBORS www.USHarbors.com

Portland, ME - Aug 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	**11:54**	9.8			**5:39**	-1.2	**5:48**	-0.3	5:30	8:04	
2	Fri	**12:05**	11.5	**12:45**	10.2	**6:30**	-1.5	**6:42**	-0.6	5:31	8:03	
3	Sat	**12:58**	11.6	**1:37**	10.4	**7:20**	-1.6	**7:36**	-0.7	5:32	8:02	
4	Sun	**1:52**	11.5	**2:29**	10.6	**8:11**	-1.5	**8:31**	-0.7	5:33	8:00	
5	Mon	**2:47**	11.1	**3:23**	10.6	**9:03**	-1.2	**9:29**	-0.5	5:34	7:59	
6	Tue	**3:45**	10.6	**4:19**	10.5	**9:58**	-0.8	**10:30**	-0.3	5:35	7:58	
7	Wed	**4:46**	10.0	**5:17**	10.3	**10:54**	-0.2	**11:34**	0.0	5:36	7:56	
8	Thu	**5:49**	9.4	**6:16**	10.1	**11:53**	0.3			5:37	7:55	
9	Fri	**6:53**	9.0	**7:17**	10.0	**12:39**	0.2	**12:54**	0.7	5:38	7:54	
10	Sat	**7:59**	8.7	**8:18**	9.9	**1:45**	0.3	**1:57**	1.0	5:39	7:52	
11	Sun	**9:00**	8.6	**9:14**	9.9	**2:48**	0.3	**2:57**	1.1	5:41	7:51	
12	Mon	**9:55**	8.7	**10:06**	9.9	**3:44**	0.2	**3:50**	1.1	5:42	7:49	
13	Tue	**10:44**	8.8	**10:52**	10.0	**4:34**	0.1	**4:38**	1.0	5:43	7:48	
14	Wed	**11:29**	8.8	**11:35**	10.0	**5:18**	0.1	**5:22**	1.0	5:44	7:46	
15	Thu			**12:10**	8.9	**5:59**	0.1	**6:02**	0.9	5:45	7:45	
16	Fri	**12:15**	9.9	**12:47**	9.0	**6:36**	0.1	**6:40**	0.9	5:46	7:43	
17	Sat	**12:52**	9.8	**1:22**	9.0	**7:09**	0.2	**7:16**	0.9	5:47	7:42	
18	Sun	**1:28**	9.7	**1:56**	9.1	**7:42**	0.3	**7:53**	0.9	5:48	7:40	
19	Mon	**2:04**	9.5	**2:30**	9.1	**8:15**	0.5	**8:30**	1.0	5:50	7:39	
20	Tue	**2:41**	9.2	**3:05**	9.1	**8:50**	0.6	**9:10**	1.0	5:51	7:37	
21	Wed	**3:20**	8.9	**3:44**	9.1	**9:28**	0.9	**9:54**	1.1	5:52	7:36	
22	Thu	**4:04**	8.6	**4:26**	9.1	**10:09**	1.1	**10:42**	1.1	5:53	7:34	
23	Fri	**4:52**	8.4	**5:12**	9.1	**10:55**	1.2	**11:34**	1.1	5:54	7:32	
24	Sat	**5:45**	8.2	**6:04**	9.3	**11:45**	1.4			5:55	7:31	
25	Sun	**6:43**	8.2	**7:02**	9.5	**12:30**	1.0	**12:41**	1.3	5:56	7:29	
26	Mon	**7:46**	8.3	**8:02**	9.9	**1:31**	0.7	**1:42**	1.1	5:57	7:27	
27	Tue	**8:47**	8.7	**9:02**	10.4	**2:33**	0.3	**2:43**	0.7	5:59	7:26	
28	Wed	**9:44**	9.2	**9:59**	10.9	**3:31**	-0.3	**3:41**	0.2	6:00	7:24	
29	Thu	**10:38**	9.8	**10:54**	11.4	**4:25**	-0.9	**4:36**	-0.4	6:01	7:22	
30	Fri	**11:31**	10.3	**11:48**	11.6	**5:17**	-1.3	**5:31**	-0.8	6:02	7:20	
31	Sat			**12:22**	10.7	**6:08**	-1.6	**6:25**	-1.1	6:03	7:19	