
































Portland, ME - Sep 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:42	11.6	1:13	11.0	6:58	-1.6	7:18	-1.3	6:04	7:17	
2	Mon	1:35	11.4	2:03	11.1	7:48	-1.4	8:13	-1.2	6:05	7:15	
3	Tue	2:29	11.0	2:56	10.9	8:38	-1.0	9:09	-0.9	6:06	7:13	
4	Wed	3:26	10.4	3:51	10.6	9:32	-0.5	10:09	-0.5	6:07	7:12	
5	Thu	4:26	9.7	4:49	10.2	10:29	0.2	11:11	-0.1	6:09	7:10	
6	Fri	5:29	9.2	5:49	9.9	11:28	0.7			6:10	7:08	
7	Sat	6:33	8.7	6:52	9.6	12:16	0.3	12:31	1.2	6:11	7:06	
8	Sun	7:38	8.5	7:55	9.5	1:22	0.5	1:36	1.4	6:12	7:04	
9	Mon	8:39	8.5	8:53	9.5	2:26	0.6	2:38	1.4	6:13	7:03	
10	Tue	9:33	8.6	9:45	9.6	3:22	0.5	3:32	1.2	6:14	7:01	
11	Wed	10:20	8.8	10:30	9.7	4:10	0.4	4:18	1.0	6:15	6:59	
12	Thu	11:02	9.0	11:12	9.7	4:52	0.3	5:00	0.9	6:16	6:57	
13	Fri	11:40	9.1	11:51	9.8	5:30	0.3	5:39	0.7	6:18	6:55	
14	Sat			12:16	9.3	6:04	0.3	6:15	0.6	6:19	6:54	
15	Sun	12:27	9.7	12:49	9.3	6:36	0.3	6:49	0.6	6:20	6:52	
16	Mon	1:02	9.6	1:20	9.4	7:08	0.4	7:24	0.5	6:21	6:50	
17	Tue	1:36	9.4	1:52	9.4	7:40	0.6	8:00	0.6	6:22	6:48	
18	Wed	2:12	9.1	2:25	9.4	8:14	0.8	8:38	0.6	6:23	6:46	
19	Thu	2:50	8.9	3:03	9.4	8:51	1.0	9:21	0.7	6:24	6:44	
20	Fri	3:33	8.6	3:46	9.3	9:34	1.2	10:09	0.8	6:25	6:43	
21	Sat	4:22	8.4	4:36	9.3	10:22	1.3	11:02	0.8	6:27	6:41	
22	Sun	5:16	8.3	5:32	9.4	11:15	1.4			6:28	6:39	
23	Mon	6:17	8.3	6:33	9.6	12:01	0.7	12:15	1.3	6:29	6:37	
24	Tue	7:21	8.5	7:39	9.9	1:04	0.5	1:19	1.1	6:30	6:35	
25	Wed	8:25	9.0	8:43	10.3	2:08	0.2	2:24	0.6	6:31	6:33	
26	Thu	9:23	9.6	9:42	10.8	3:08	-0.4	3:24	-0.1	6:32	6:32	
27	Fri	10:17	10.2	10:37	11.2	4:02	-0.9	4:21	-0.7	6:33	6:30	
28	Sat	11:08	10.8	11:31	11.4	4:54	-1.3	5:15	-1.2	6:34	6:28	
29	Sun	11:58	11.2			5:44	-1.4	6:08	-1.5	6:36	6:26	
30	Mon	12:25	11.4	12:48	11.4	6:33	-1.4	7:01	-1.6	6:37	6:24	