

































Portland, ME - Dec 2019

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:11	8.9	2:15	9.7	8:02	1.1	8:42	0.2	6:54	4:05	
2	Mon	3:03	8.6	3:08	9.2	8:55	1.4	9:35	0.6	6:55	4:05	
3	Tue	3:56	8.4	4:03	8.8	9:51	1.7	10:27	0.9	6:56	4:04	
4	Wed	4:50	8.3	5:00	8.5	10:49	1.8	11:19	1.1	6:57	4:04	
5	Thu	5:42	8.4	5:57	8.3	11:47	1.8			6:58	4:04	
6	Fri	6:34	8.5	6:53	8.3	12:12	1.3	12:45	1.6	6:59	4:04	
7	Sat	7:22	8.8	7:46	8.4	1:02	1.3	1:38	1.2	7:00	4:04	
8	Sun	8:07	9.1	8:33	8.5	1:48	1.2	2:25	0.8	7:01	4:04	
9	Mon	8:47	9.5	9:17	8.7	2:30	1.1	3:06	0.4	7:02	4:04	
10	Tue	9:25	9.8	9:59	8.8	3:10	0.9	3:46	0.1	7:03	4:04	
11	Wed	10:03	10.1	10:40	9.0	3:49	0.8	4:26	-0.3	7:04	4:04	
12	Thu	10:42	10.3	11:21	9.1	4:28	0.6	5:06	-0.5	7:05	4:04	
13	Fri	11:23	10.5			5:10	0.5	5:48	-0.7	7:05	4:04	
14	Sat	12:03	9.1	12:06	10.6	5:53	0.4	6:32	-0.8	7:06	4:04	
15	Sun	12:47	9.2	12:52	10.6	6:39	0.4	7:18	-0.8	7:07	4:04	
16	Mon	1:35	9.2	1:42	10.4	7:29	0.4	8:09	-0.7	7:08	4:05	
17	Tue	2:27	9.2	2:37	10.1	8:24	0.5	9:03	-0.5	7:08	4:05	
18	Wed	3:24	9.3	3:38	9.8	9:24	0.5	10:00	-0.3	7:09	4:05	
19	Thu	4:24	9.4	4:43	9.6	10:28	0.5	11:00	-0.1	7:10	4:06	
20	Fri	5:24	9.6	5:50	9.4	11:34	0.4			7:10	4:06	
21	Sat	6:25	9.9	6:57	9.3	12:01	0.0	12:42	0.1	7:11	4:06	
22	Sun	7:25	10.2	8:00	9.3	1:03	0.1	1:47	-0.3	7:11	4:07	
23	Mon	8:21	10.5	8:58	9.4	2:01	0.1	2:45	-0.7	7:12	4:07	
24	Tue	9:12	10.7	9:52	9.5	2:55	0.0	3:38	-1.0	7:12	4:08	
25	Wed	10:02	10.8	10:42	9.5	3:46	0.0	4:28	-1.1	7:12	4:09	
26	Thu	10:49	10.8	11:30	9.4	4:34	0.1	5:15	-1.1	7:13	4:09	
27	Fri	11:34	10.6			5:21	0.2	6:00	-0.9	7:13	4:10	
28	Sat	12:15	9.3	12:18	10.4	6:05	0.4	6:43	-0.6	7:13	4:11	
29	Sun	12:58	9.1	1:01	10.0	6:49	0.7	7:25	-0.3	7:13	4:11	
30	Mon	1:41	8.8	1:45	9.6	7:33	0.9	8:08	0.1	7:14	4:12	
31	Tue	2:26	8.6	2:30	9.2	8:19	1.2	8:52	0.6	7:14	4:13	