

































## Portland, ME - Jul 2020

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:18	9.3	8:40	10.7	2:05	0.0	2:19	0.2	5:03	8:26	
2	Thu	9:20	9.3	9:36	10.9	3:07	-0.4	3:17	0.3	5:04	8:26	
3	Fri	10:18	9.4	10:29	11.0	4:05	-0.7	4:12	0.3	5:04	8:25	
4	Sat	11:13	9.4	11:21	11.0	4:59	-0.9	5:04	0.3	5:05	8:25	
5	Sun			12:06	9.4	5:51	-0.9	5:56	0.4	5:06	8:25	
6	Mon	12:12	10.9	12:55	9.4	6:40	-0.9	6:45	0.5	5:06	8:24	
7	Tue	1:00	10.7	1:42	9.3	7:27	-0.7	7:33	0.7	5:07	8:24	
8	Wed	1:46	10.4	2:28	9.1	8:12	-0.4	8:20	0.9	5:08	8:24	
9	Thu	2:32	10.0	3:14	9.0	8:56	0.0	9:08	1.2	5:09	8:23	
10	Fri	3:19	9.6	4:00	8.9	9:41	0.3	9:57	1.4	5:09	8:23	
11	Sat	4:07	9.1	4:47	8.8	10:25	0.7	10:48	1.6	5:10	8:22	
12	Sun	4:57	8.7	5:33	8.8	11:10	1.0	11:41	1.6	5:11	8:22	
13	Mon	5:49	8.3	6:20	8.8	11:55	1.3			5:12	8:21	
14	Tue	6:43	8.1	7:09	8.9	12:34	1.7	12:43	1.6	5:13	8:20	
15	Wed	7:39	7.9	7:58	9.0	1:30	1.6	1:34	1.7	5:13	8:20	
16	Thu	8:35	7.9	8:47	9.2	2:25	1.3	2:25	1.7	5:14	8:19	
17	Fri	9:27	8.0	9:33	9.5	3:16	1.0	3:14	1.6	5:15	8:18	
18	Sat	10:14	8.2	10:18	9.8	4:02	0.6	4:00	1.4	5:16	8:17	
19	Sun	11:00	8.5	11:02	10.2	4:46	0.3	4:44	1.1	5:17	8:17	
20	Mon	11:44	8.8	11:47	10.5	5:30	-0.1	5:30	0.8	5:18	8:16	
21	Tue			12:28	9.1	6:13	-0.5	6:16	0.5	5:19	8:15	
22	Wed	12:32	10.7	1:12	9.4	6:57	-0.7	7:03	0.3	5:20	8:14	
23	Thu	1:18	10.9	1:57	9.7	7:42	-0.9	7:52	0.1	5:21	8:13	
24	Fri	2:06	10.8	2:45	9.9	8:28	-0.9	8:44	0.0	5:22	8:12	
25	Sat	2:57	10.6	3:35	10.1	9:16	-0.8	9:40	0.0	5:23	8:11	
26	Sun	3:53	10.3	4:29	10.2	10:08	-0.6	10:38	0.0	5:24	8:10	
27	Mon	4:52	9.8	5:25	10.3	11:02	-0.2	11:40	0.1	5:25	8:09	
28	Tue	5:54	9.4	6:23	10.3	11:59	0.1			5:26	8:08	
29	Wed	6:59	9.1	7:24	10.3	12:45	0.1	12:59	0.5	5:27	8:07	
30	Thu	8:06	8.9	8:25	10.3	1:52	0.0	2:03	0.7	5:28	8:06	
31	Fri	9:10	8.9	9:24	10.4	2:56	-0.1	3:04	0.7	5:29	8:04	