






























Portland, ME - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:00	9.3	5:41	9.2	11:18	0.5	11:48	1.3	5:03	8:26	
2	Fri	5:57	8.8	6:33	9.1			12:10	0.9	5:04	8:26	
3	Sat	6:55	8.4	7:24	9.1	12:48	1.3	1:02	1.3	5:04	8:25	
4	Sun	7:53	8.2	8:15	9.2	1:47	1.3	1:54	1.5	5:05	8:25	
5	Mon	8:49	8.1	9:03	9.3	2:43	1.2	2:45	1.7	5:05	8:25	
6	Tue	9:40	8.1	9:47	9.4	3:33	0.9	3:31	1.7	5:06	8:25	
7	Wed	10:27	8.2	10:30	9.5	4:18	0.7	4:14	1.7	5:07	8:24	
8	Thu	11:11	8.3	11:10	9.7	5:00	0.5	4:55	1.6	5:08	8:24	
9	Fri	11:53	8.4	11:50	9.8	5:39	0.4	5:34	1.5	5:08	8:23	
10	Sat			12:32	8.5	6:17	0.2	6:13	1.4	5:09	8:23	
11	Sun	12:29	9.9	1:10	8.6	6:54	0.1	6:53	1.3	5:10	8:22	
12	Mon	1:07	10.0	1:48	8.7	7:31	0.0	7:33	1.2	5:11	8:22	
13	Tue	1:46	10.0	2:26	8.9	8:10	-0.1	8:16	1.0	5:12	8:21	
14	Wed	2:27	10.0	3:07	9.1	8:50	-0.1	9:02	0.9	5:12	8:21	
15	Thu	3:13	9.9	3:51	9.4	9:34	-0.1	9:53	0.8	5:13	8:20	
16	Fri	4:03	9.7	4:39	9.6	10:20	0.0	10:48	0.6	5:14	8:19	
17	Sat	4:57	9.4	5:30	9.9	11:10	0.1	11:45	0.4	5:15	8:18	
18	Sun	5:56	9.2	6:25	10.2			12:03	0.3	5:16	8:18	
19	Mon	6:58	9.0	7:23	10.4	12:47	0.2	1:01	0.4	5:17	8:17	
20	Tue	8:05	9.0	8:24	10.7	1:51	-0.1	2:02	0.5	5:18	8:16	
21	Wed	9:09	9.1	9:24	10.9	2:55	-0.4	3:04	0.4	5:19	8:15	
22	Thu	10:10	9.3	10:21	11.1	3:56	-0.7	4:02	0.3	5:20	8:14	
23	Fri	11:07	9.4	11:17	11.3	4:52	-1.0	4:59	0.1	5:21	8:13	
24	Sat			12:02	9.6	5:47	-1.1	5:54	0.1	5:22	8:12	
25	Sun	12:12	11.2	12:54	9.7	6:39	-1.1	6:47	0.1	5:23	8:11	
26	Mon	1:03	11.1	1:44	9.7	7:28	-1.0	7:38	0.2	5:24	8:10	
27	Tue	1:53	10.7	2:32	9.6	8:15	-0.6	8:29	0.4	5:25	8:09	
28	Wed	2:42	10.2	3:20	9.5	9:02	-0.2	9:21	0.7	5:26	8:08	
29	Thu	3:33	9.6	4:08	9.3	9:48	0.2	10:14	0.9	5:27	8:07	
30	Fri	4:25	9.1	4:56	9.2	10:35	0.7	11:08	1.2	5:28	8:06	
31	Sat	5:18	8.5	5:45	9.0	11:23	1.2			5:29	8:05	