US HARBORS www.USHarbors.com

Portland, ME - Mar 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	9:44	10.6	10:22	9.6	3:26	0.0	4:08	-1.0	6:16	5:29	
2	Wed	10:37	10.8	11:10	9.9	4:20	-0.4	4:57	-1.1	6:15	5:30	
3	Thu	11:26	10.8	11:55	10.1	5:11	-0.6	5:41	-1.1	6:13	5:32	
4	Fri			12:12	10.5	5:58	-0.7	6:24	-0.8	6:11	5:33	
5	Sat	12:37	10.1	12:57	10.1	6:44	-0.6	7:04	-0.4	6:10	5:34	
6	Sun	1:18	9.9	1:42	9.5	7:29	-0.3	7:45	0.2	6:08	5:35	
7	Mon	1:59	9.6	2:28	8.9	8:15	0.1	8:28	0.8	6:06	5:37	
8	Tue	2:42	9.3	3:18	8.3	9:03	0.5	9:13	1.3	6:04	5:38	
9	Wed	3:29	8.9	4:11	7.8	9:55	0.9	10:03	1.8	6:03	5:39	
10	Thu	4:21	8.5	5:09	7.5	10:51	1.3	10:58	2.1	6:01	5:40	
11	Fri	5:19	8.3	6:12	7.3	11:53	1.5			5:59	5:42	
12	Sat	6:21	8.3	7:14	7.4	12:00	2.3	12:58	1.4	5:57	5:43	
13	Sun	8:22	8.4	9:08	7.7	1:04	2.2	2:55	1.2	6:56	6:44	
14	Mon	9:16	8.8	9:55	8.1	3:00	1.8	3:43	0.8	6:54	6:45	
15	Tue	10:02	9.2	10:36	8.5	3:47	1.4	4:23	0.5	6:52	6:47	
16	Wed	10:44	9.5	11:13	9.0	4:29	0.9	5:00	0.1	6:50	6:48	
17	Thu	11:24	9.8	11:49	9.5	5:09	0.4	5:36	-0.2	6:49	6:49	
18	Fri			12:03	10.0	5:49	0.0	6:12	-0.4	6:47	6:50	
19	Sat	12:24	9.9	12:42	10.1	6:29	-0.4	6:48	-0.5	6:45	6:51	
20	Sun	1:00	10.2	1:23	10.1	7:10	-0.7	7:27	-0.5	6:43	6:53	
21	Mon	1:39	10.5	2:06	9.9	7:54	-0.9	8:09	-0.3	6:41	6:54	
22	Tue	2:20	10.5	2:54	9.5	8:41	-0.8	8:55	0.0	6:40	6:55	
23	Wed	3:07	10.4	3:48	9.1	9:33	-0.6	9:47	0.4	6:38	6:56	
24	Thu	4:01	10.1	4:49	8.7	10:31	-0.3	10:46	0.8	6:36	6:58	
25	Fri	5:03	9.8	5:57	8.4	11:36	0.1	11:51	1.1	6:34	6:59	
26	Sat	6:12	9.6	7:10	8.3			12:46	0.3	6:32	7:00	
27	Sun	7:26	9.5	8:21	8.5	1:03	1.2	2:00	0.2	6:30	7:01	
28	Mon	8:37	9.7	9:23	9.0	2:17	1.0	3:05	0.0	6:29	7:02	
29	Tue	9:39	10.0	10:16	9.4	3:22	0.6	4:01	-0.3	6:27	7:04	
30	Wed	10:34	10.2	11:05	9.8	4:19	0.1	4:50	-0.5	6:25	7:05	
31	Thu	11:24	10.3	11:49	10.1	5:10	-0.3	5:35	-0.5	6:23	7:06	