



## Portland, ME - May 2022

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sun | 12:02 | 10.2 | 12:34 | 9.3  | 6:21  | -0.4 | 6:27  | 0.7  | 5:32  | 7:43 | ☀   |
| 2    | Mon | 12:39 | 10.1 | 1:14  | 9.1  | 7:00  | -0.3 | 7:04  | 1.0  | 5:31  | 7:44 | ☀   |
| 3    | Tue | 1:14  | 10.0 | 1:53  | 8.8  | 7:38  | -0.1 | 7:41  | 1.3  | 5:30  | 7:45 | ☀   |
| 4    | Wed | 1:51  | 9.7  | 2:33  | 8.5  | 8:17  | 0.2  | 8:19  | 1.6  | 5:28  | 7:46 | ☀   |
| 5    | Thu | 2:29  | 9.4  | 3:16  | 8.2  | 8:57  | 0.5  | 9:01  | 1.8  | 5:27  | 7:47 | ☀   |
| 6    | Fri | 3:12  | 9.1  | 4:03  | 8.0  | 9:42  | 0.8  | 9:47  | 2.1  | 5:26  | 7:49 | ☀   |
| 7    | Sat | 4:00  | 8.8  | 4:53  | 7.8  | 10:30 | 1.1  | 10:38 | 2.2  | 5:24  | 7:50 | ☀   |
| 8    | Sun | 4:52  | 8.6  | 5:45  | 7.8  | 11:20 | 1.2  | 11:32 | 2.3  | 5:23  | 7:51 | ☀   |
| 9    | Mon | 5:47  | 8.5  | 6:37  | 8.0  |       |      | 12:12 | 1.3  | 5:22  | 7:52 | ☀   |
| 10   | Tue | 6:43  | 8.5  | 7:29  | 8.3  | 12:29 | 2.1  | 1:05  | 1.2  | 5:21  | 7:53 | ☀   |
| 11   | Wed | 7:41  | 8.7  | 8:18  | 8.8  | 1:28  | 1.8  | 1:56  | 1.0  | 5:19  | 7:54 | ☀   |
| 12   | Thu | 8:35  | 8.9  | 9:03  | 9.4  | 2:24  | 1.2  | 2:45  | 0.7  | 5:18  | 7:55 | ☀   |
| 13   | Fri | 9:26  | 9.2  | 9:47  | 10.1 | 3:15  | 0.6  | 3:31  | 0.4  | 5:17  | 7:57 | ☀   |
| 14   | Sat | 10:15 | 9.6  | 10:30 | 10.7 | 4:03  | -0.1 | 4:16  | 0.1  | 5:16  | 7:58 | ☀   |
| 15   | Sun | 11:04 | 9.8  | 11:15 | 11.2 | 4:51  | -0.8 | 5:01  | -0.1 | 5:15  | 7:59 | ☀   |
| 16   | Mon | 11:54 | 9.9  |       |      | 5:39  | -1.2 | 5:49  | -0.2 | 5:14  | 8:00 | ☀   |
| 17   | Tue | 12:02 | 11.4 | 12:45 | 10.0 | 6:29  | -1.5 | 6:38  | -0.2 | 5:13  | 8:01 | ☀   |
| 18   | Wed | 12:51 | 11.5 | 1:37  | 9.9  | 7:20  | -1.5 | 7:29  | 0.0  | 5:12  | 8:02 | ☀   |
| 19   | Thu | 1:43  | 11.4 | 2:32  | 9.7  | 8:13  | -1.4 | 8:24  | 0.3  | 5:11  | 8:03 | ☀   |
| 20   | Fri | 2:39  | 11.1 | 3:31  | 9.4  | 9:10  | -1.0 | 9:23  | 0.6  | 5:10  | 8:04 | ☀   |
| 21   | Sat | 3:40  | 10.6 | 4:35  | 9.2  | 10:11 | -0.6 | 10:28 | 0.9  | 5:09  | 8:05 | ☀   |
| 22   | Sun | 4:45  | 10.1 | 5:39  | 9.2  | 11:14 | -0.2 | 11:36 | 1.0  | 5:08  | 8:06 | ☀   |
| 23   | Mon | 5:53  | 9.7  | 6:42  | 9.2  |       |      | 12:17 | 0.1  | 5:08  | 8:07 | ☀   |
| 24   | Tue | 7:00  | 9.4  | 7:43  | 9.4  | 12:46 | 1.0  | 1:20  | 0.3  | 5:07  | 8:08 | ☀   |
| 25   | Wed | 8:05  | 9.2  | 8:39  | 9.7  | 1:54  | 0.9  | 2:19  | 0.5  | 5:06  | 8:09 | ☀   |
| 26   | Thu | 9:05  | 9.1  | 9:29  | 9.9  | 2:55  | 0.6  | 3:12  | 0.6  | 5:05  | 8:10 | ☀   |
| 27   | Fri | 9:58  | 9.1  | 10:14 | 10.0 | 3:49  | 0.3  | 3:59  | 0.7  | 5:05  | 8:11 | ☀   |
| 28   | Sat | 10:47 | 9.0  | 10:56 | 10.1 | 4:37  | 0.1  | 4:42  | 0.9  | 5:04  | 8:12 | ☀   |
| 29   | Sun | 11:32 | 8.9  | 11:35 | 10.0 | 5:21  | -0.1 | 5:23  | 1.1  | 5:03  | 8:13 | ☀   |
| 30   | Mon |       |      | 12:14 | 8.8  | 6:02  | -0.1 | 6:01  | 1.3  | 5:03  | 8:13 | ☀   |
| 31   | Tue | 12:13 | 10.0 | 12:54 | 8.7  | 6:40  | 0.0  | 6:39  | 1.4  | 5:02  | 8:14 | ☀   |