

































Portland, ME - Dec 2022

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:06	9.2	5:24	9.5	11:08	0.9	11:44	0.2	6:54	4:05	
2	Fri	6:09	9.3	6:32	9.2			12:18	0.7	6:55	4:05	
3	Sat	7:08	9.6	7:36	9.1	12:46	0.3	1:24	0.4	6:56	4:04	
4	Sun	8:02	9.9	8:33	9.1	1:43	0.4	2:22	0.1	6:57	4:04	
5	Mon	8:50	10.1	9:24	9.1	2:34	0.5	3:13	-0.2	6:58	4:04	
6	Tue	9:34	10.1	10:11	9.0	3:21	0.7	3:59	-0.3	6:59	4:04	
7	Wed	10:16	10.1	10:55	8.9	4:04	0.8	4:43	-0.4	7:00	4:04	
8	Thu	10:56	10.0	11:37	8.8	4:44	1.0	5:23	-0.3	7:01	4:04	
9	Fri	11:35	9.9			5:23	1.1	6:02	-0.1	7:02	4:04	
10	Sat	12:16	8.6	12:13	9.7	6:01	1.3	6:40	0.1	7:03	4:04	
11	Sun	12:55	8.4	12:51	9.5	6:40	1.4	7:19	0.3	7:04	4:04	
12	Mon	1:35	8.2	1:31	9.2	7:20	1.6	7:59	0.6	7:05	4:04	
13	Tue	2:17	8.1	2:14	9.0	8:03	1.8	8:41	0.7	7:06	4:04	
14	Wed	3:01	8.0	3:01	8.7	8:49	1.9	9:25	0.9	7:06	4:04	
15	Thu	3:47	8.1	3:51	8.5	9:40	1.9	10:11	1.0	7:07	4:04	
16	Fri	4:34	8.2	4:43	8.4	10:32	1.8	10:57	1.1	7:08	4:05	
17	Sat	5:21	8.5	5:38	8.3	11:27	1.5	11:46	1.0	7:08	4:05	
18	Sun	6:09	8.9	6:35	8.4			12:23	1.1	7:09	4:05	
19	Mon	6:59	9.4	7:31	8.6	12:38	0.9	1:19	0.6	7:10	4:06	
20	Tue	7:48	9.9	8:25	8.8	1:29	0.7	2:13	-0.1	7:10	4:06	
21	Wed	8:36	10.5	9:17	9.1	2:20	0.5	3:04	-0.7	7:11	4:07	
22	Thu	9:25	11.0	10:08	9.4	3:10	0.1	3:54	-1.2	7:11	4:07	
23	Fri	10:16	11.3	11:00	9.6	4:00	-0.1	4:45	-1.5	7:12	4:08	
24	Sat	11:08	11.5	11:53	9.7	4:52	-0.3	5:37	-1.7	7:12	4:08	
25	Sun			12:01	11.5	5:45	-0.4	6:30	-1.6	7:12	4:09	
26	Mon	12:46	9.7	12:56	11.3	6:40	-0.3	7:23	-1.4	7:13	4:09	
27	Tue	1:41	9.7	1:53	10.8	7:37	-0.1	8:19	-1.1	7:13	4:10	
28	Wed	2:39	9.6	2:54	10.3	8:38	0.1	9:17	-0.6	7:13	4:11	
29	Thu	3:40	9.5	3:58	9.7	9:42	0.4	10:16	-0.2	7:14	4:12	
30	Fri	4:40	9.5	5:03	9.2	10:49	0.5	11:15	0.3	7:14	4:12	
31	Sat	5:40	9.5	6:09	8.7	11:57	0.6			7:14	4:13	