






























## Portland, ME - Feb 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	7:58	9.1	8:42	7.9	1:41	1.6	2:32	0.5	6:57	4:51	
2	Thu	8:49	9.2	9:31	8.1	2:35	1.5	3:21	0.4	6:56	4:53	
3	Fri	9:36	9.3	10:14	8.2	3:22	1.4	4:04	0.2	6:55	4:54	
4	Sat	10:18	9.5	10:54	8.4	4:04	1.2	4:44	0.1	6:53	4:55	
5	Sun	10:56	9.6	11:30	8.5	4:43	1.0	5:19	0.0	6:52	4:57	
6	Mon	11:32	9.6			5:19	0.9	5:51	0.0	6:51	4:58	
7	Tue	12:03	8.7	12:06	9.6	5:54	0.8	6:22	0.0	6:50	4:59	
8	Wed	12:35	8.8	12:40	9.4	6:28	0.7	6:53	0.1	6:49	5:01	
9	Thu	1:06	8.9	1:14	9.2	7:04	0.7	7:26	0.2	6:47	5:02	
10	Fri	1:39	9.0	1:52	9.0	7:43	0.6	8:01	0.4	6:46	5:03	
11	Sat	2:14	9.0	2:34	8.7	8:25	0.6	8:41	0.6	6:45	5:05	
12	Sun	2:55	9.1	3:22	8.3	9:13	0.6	9:27	0.9	6:43	5:06	
13	Mon	3:42	9.2	4:16	8.1	10:06	0.7	10:18	1.1	6:42	5:08	
14	Tue	4:35	9.2	5:18	7.9	11:05	0.6	11:16	1.2	6:40	5:09	
15	Wed	5:36	9.3	6:27	7.9			12:11	0.5	6:39	5:10	
16	Thu	6:43	9.6	7:37	8.2	12:22	1.2	1:20	0.1	6:37	5:12	
17	Fri	7:51	10.1	8:40	8.7	1:30	0.8	2:25	-0.4	6:36	5:13	
18	Sat	8:53	10.6	9:37	9.3	2:33	0.3	3:22	-1.0	6:34	5:14	
19	Sun	9:50	11.1	10:30	9.8	3:32	-0.3	4:16	-1.4	6:33	5:16	
20	Mon	10:45	11.4	11:21	10.3	4:27	-0.8	5:07	-1.7	6:31	5:17	
21	Tue	11:38	11.4			5:21	-1.1	5:55	-1.7	6:30	5:18	
22	Wed	12:10	10.6	12:28	11.1	6:13	-1.2	6:42	-1.5	6:28	5:20	
23	Thu	12:57	10.6	1:19	10.6	7:04	-1.2	7:29	-1.0	6:27	5:21	
24	Fri	1:44	10.5	2:11	10.0	7:57	-0.8	8:17	-0.3	6:25	5:22	
25	Sat	2:34	10.1	3:06	9.2	8:51	-0.4	9:08	0.4	6:24	5:24	
26	Sun	3:26	9.7	4:05	8.5	9:49	0.1	10:02	1.0	6:22	5:25	
27	Mon	4:21	9.2	5:07	8.0	10:50	0.6	11:00	1.6	6:20	5:26	
28	Tue	5:21	8.8	6:12	7.6	11:55	0.9			6:19	5:27	