US HARBORS www.USHarbors.com

Portland, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:25	8.6	7:16	7.6	12:05	1.9	1:02	1.1	6:17	5:29	
2	Thu	7:28	8.6	8:14	7.7	1:11	2.0	2:03	1.0	6:15	5:30	
3	Fri	8:23	8.8	9:03	8.0	2:09	1.8	2:53	0.8	6:14	5:31	
4	Sat	9:10	9.1	9:45	8.3	2:58	1.5	3:36	0.5	6:12	5:33	
5	Sun	9:53	9.3	10:24	8.6	3:40	1.2	4:14	0.3	6:10	5:34	
6	Mon	10:31	9.5	10:59	8.9	4:19	0.9	4:48	0.2	6:08	5:35	
7	Tue	11:07	9.6	11:31	9.1	4:55	0.6	5:19	0.1	6:07	5:36	
8	Wed	11:42	9.6			5:29	0.4	5:49	0.1	6:05	5:38	
9	Thu	12:02	9.3	12:15	9.5	6:03	0.2	6:20	0.1	6:03	5:39	
10	Fri	12:32	9.5	12:50	9.3	6:39	0.1	6:53	0.2	6:01	5:40	
11	Sat	1:04	9.6	1:27	9.0	7:17	0.0	7:30	0.4	6:00	5:41	
12	Sun	1:39	9.6	3:09	8.8	8:59	0.1	9:11	0.7	6:58	6:43	
13	Mon	3:21	9.6	3:58	8.4	9:47	0.2	9:59	1.0	6:56	6:44	
14	Tue	4:11	9.5	4:55	8.1	10:41	0.3	10:53	1.2	6:54	6:45	
15	Wed	5:09	9.4	6:00	7.9	11:43	0.5	11:56	1.3	6:53	6:46	
16	Thu	6:15	9.4	7:11	8.0			12:51	0.5	6:51	6:48	
17	Fri	7:27	9.6	8:22	8.4	1:05	1.3	2:03	0.2	6:49	6:49	
18	Sat	8:38	9.9	9:25	9.0	2:17	0.9	3:08	-0.3	6:47	6:50	
19	Sun	9:41	10.4	10:20	9.6	3:23	0.3	4:05	-0.7	6:45	6:51	
20	Mon	10:38	10.8	11:11	10.2	4:21	-0.4	4:57	-1.1	6:44	6:52	
21	Tue	11:31	11.0	11:59	10.7	5:15	-0.9	5:45	-1.3	6:42	6:54	
22	Wed			12:22	10.9	6:07	-1.3	6:31	-1.2	6:40	6:55	
23	Thu	12:45	10.9	1:11	10.7	6:56	-1.4	7:16	-0.9	6:38	6:56	
24	Fri	1:29	10.9	1:59	10.2	7:44	-1.3	8:00	-0.4	6:36	6:57	
25	Sat	2:13	10.6	2:48	9.6	8:32	-0.9	8:45	0.2	6:35	6:58	
26	Sun	2:59	10.1	3:39	8.9	9:22	-0.4	9:33	0.9	6:33	7:00	
27	Mon	3:48	9.6	4:34	8.3	10:16	0.2	10:26	1.5	6:31	7:01	
28	Tue	4:42	9.1	5:33	7.9	11:13	0.8	11:23	1.9	6:29	7:02	
29	Wed	5:41	8.6	6:34	7.6			12:15	1.2	6:27	7:03	
30	Thu	6:44	8.4	7:37	7.6	12:26	2.2	1:20	1.4	6:26	7:04	
31	Fri	7:48	8.4	8:35	7.8	1:32	2.2	2:22	1.3	6:24	7:06	