

































## Portland, ME - Apr 2023

| Date |     | High  |      |       |      | Low   |      |       |      |  |      |    |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
|      |     | AM    | ft   | PM    | ft   | AM    | ft   | PM    | ft   | Rise  | Set  | Moon  |
| 1    | Sat | 8:46  | 8.6  | 9:25  | 8.1  | 2:33  | 2.0  | 3:14  | 1.1  | 6:22  | 7:07 |    |
| 2    | Sun | 9:36  | 8.8  | 10:08 | 8.5  | 3:25  | 1.6  | 3:57  | 0.8  | 6:20  | 7:08 |    |
| 3    | Mon | 10:19 | 9.1  | 10:45 | 8.9  | 4:09  | 1.2  | 4:34  | 0.6  | 6:18  | 7:09 |    |
| 4    | Tue | 10:59 | 9.3  | 11:20 | 9.3  | 4:48  | 0.8  | 5:08  | 0.4  | 6:17  | 7:10 |    |
| 5    | Wed | 11:37 | 9.4  | 11:53 | 9.6  | 5:25  | 0.4  | 5:40  | 0.3  | 6:15  | 7:12 |    |
| 6    | Thu |       |      | 12:14 | 9.4  | 6:01  | 0.1  | 6:13  | 0.3  | 6:13  | 7:13 |    |
| 7    | Fri | 12:25 | 9.9  | 12:50 | 9.4  | 6:37  | -0.2 | 6:47  | 0.3  | 6:11  | 7:14 |    |
| 8    | Sat | 12:58 | 10.1 | 1:28  | 9.3  | 7:14  | -0.4 | 7:24  | 0.4  | 6:10  | 7:15 |    |
| 9    | Sun | 1:33  | 10.2 | 2:08  | 9.1  | 7:55  | -0.4 | 8:04  | 0.6  | 6:08  | 7:16 |    |
| 10   | Mon | 2:13  | 10.1 | 2:53  | 8.8  | 8:39  | -0.3 | 8:49  | 0.8  | 6:06  | 7:18 |    |
| 11   | Tue | 2:59  | 10.0 | 3:45  | 8.6  | 9:30  | -0.1 | 9:41  | 1.1  | 6:04  | 7:19 |    |
| 12   | Wed | 3:53  | 9.8  | 4:45  | 8.3  | 10:27 | 0.1  | 10:40 | 1.3  | 6:03  | 7:20 |   |
| 13   | Thu | 4:56  | 9.6  | 5:51  | 8.3  | 11:30 | 0.3  | 11:45 | 1.4  | 6:01  | 7:21 |  |
| 14   | Fri | 6:04  | 9.5  | 7:01  | 8.4  |       |      | 12:37 | 0.3  | 5:59  | 7:22 |  |
| 15   | Sat | 7:16  | 9.6  | 8:08  | 8.9  | 12:56 | 1.2  | 1:46  | 0.2  | 5:58  | 7:24 |  |
| 16   | Sun | 8:26  | 9.8  | 9:08  | 9.5  | 2:08  | 0.8  | 2:49  | -0.1 | 5:56  | 7:25 |  |
| 17   | Mon | 9:28  | 10.1 | 10:01 | 10.1 | 3:13  | 0.2  | 3:44  | -0.4 | 5:54  | 7:26 |  |
| 18   | Tue | 10:24 | 10.3 | 10:49 | 10.6 | 4:10  | -0.4 | 4:34  | -0.6 | 5:53  | 7:27 |  |
| 19   | Wed | 11:16 | 10.4 | 11:35 | 10.9 | 5:02  | -0.9 | 5:21  | -0.6 | 5:51  | 7:28 |  |
| 20   | Thu |       |      | 12:06 | 10.3 | 5:51  | -1.1 | 6:06  | -0.4 | 5:49  | 7:29 |  |
| 21   | Fri | 12:19 | 10.9 | 12:53 | 10.0 | 6:38  | -1.2 | 6:49  | 0.0  | 5:48  | 7:31 |  |
| 22   | Sat | 1:02  | 10.8 | 1:39  | 9.6  | 7:24  | -1.0 | 7:32  | 0.4  | 5:46  | 7:32 |  |
| 23   | Sun | 1:44  | 10.5 | 2:25  | 9.2  | 8:09  | -0.6 | 8:16  | 0.9  | 5:45  | 7:33 |  |
| 24   | Mon | 2:27  | 10.0 | 3:13  | 8.7  | 8:55  | -0.1 | 9:02  | 1.4  | 5:43  | 7:34 |  |
| 25   | Tue | 3:14  | 9.5  | 4:04  | 8.3  | 9:45  | 0.4  | 9:52  | 1.8  | 5:42  | 7:35 |  |
| 26   | Wed | 4:05  | 9.1  | 4:59  | 7.9  | 10:38 | 0.9  | 10:47 | 2.1  | 5:40  | 7:37 |  |
| 27   | Thu | 5:02  | 8.7  | 5:55  | 7.8  | 11:34 | 1.2  | 11:45 | 2.3  | 5:39  | 7:38 |  |
| 28   | Fri | 6:01  | 8.4  | 6:52  | 7.8  |       |      | 12:31 | 1.4  | 5:37  | 7:39 |  |
| 29   | Sat | 7:01  | 8.3  | 7:48  | 8.0  | 12:46 | 2.3  | 1:28  | 1.4  | 5:36  | 7:40 |  |
| 30   | Sun | 7:59  | 8.4  | 8:37  | 8.3  | 1:47  | 2.1  | 2:20  | 1.3  | 5:34  | 7:41 |  |