

































Portland, ME - Jul 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	9:53	8.6	10:00	10.5	3:41	0.2	3:43	1.0	5:03	8:26	
2	Sun	10:46	8.8	10:51	10.9	4:32	-0.3	4:34	0.7	5:03	8:26	
3	Mon	11:38	9.1	11:44	11.2	5:24	-0.8	5:27	0.4	5:04	8:26	
4	Tue			12:31	9.4	6:15	-1.1	6:21	0.2	5:05	8:25	
5	Wed	12:38	11.4	1:24	9.6	7:07	-1.2	7:15	0.0	5:05	8:25	
6	Thu	1:32	11.4	2:17	9.8	7:59	-1.3	8:11	0.0	5:06	8:25	
7	Fri	2:27	11.1	3:12	9.9	8:52	-1.1	9:09	0.1	5:07	8:24	
8	Sat	3:24	10.7	4:08	10.0	9:46	-0.8	10:11	0.2	5:07	8:24	
9	Sun	4:25	10.2	5:05	10.1	10:42	-0.5	11:14	0.3	5:08	8:24	
10	Mon	5:27	9.7	6:02	10.1	11:38	0.0			5:09	8:23	
11	Tue	6:30	9.2	6:59	10.0	12:18	0.4	12:35	0.5	5:10	8:23	
12	Wed	7:35	8.8	7:57	10.0	1:23	0.4	1:34	0.9	5:10	8:22	
13	Thu	8:38	8.6	8:53	9.9	2:27	0.3	2:33	1.2	5:11	8:21	
14	Fri	9:36	8.5	9:45	9.9	3:25	0.2	3:28	1.3	5:12	8:21	
15	Sat	10:29	8.5	10:34	9.9	4:18	0.2	4:18	1.4	5:13	8:20	
16	Sun	11:17	8.5	11:19	9.9	5:06	0.1	5:04	1.4	5:14	8:19	
17	Mon			12:01	8.5	5:50	0.1	5:47	1.4	5:15	8:19	
18	Tue	12:02	9.9	12:42	8.5	6:30	0.2	6:28	1.4	5:16	8:18	
19	Wed	12:41	9.8	1:20	8.6	7:08	0.2	7:06	1.4	5:16	8:17	
20	Thu	1:19	9.7	1:57	8.6	7:43	0.3	7:44	1.4	5:17	8:16	
21	Fri	1:56	9.6	2:32	8.7	8:17	0.4	8:23	1.4	5:18	8:16	
22	Sat	2:33	9.4	3:09	8.7	8:52	0.5	9:03	1.4	5:19	8:15	
23	Sun	3:12	9.1	3:46	8.8	9:28	0.7	9:46	1.4	5:20	8:14	
24	Mon	3:55	8.8	4:25	8.9	10:06	0.9	10:33	1.4	5:21	8:13	
25	Tue	4:41	8.5	5:07	9.0	10:48	1.1	11:22	1.3	5:22	8:12	
26	Wed	5:30	8.2	5:53	9.2	11:33	1.3			5:23	8:11	
27	Thu	6:24	8.1	6:44	9.4	12:15	1.2	12:23	1.4	5:24	8:10	
28	Fri	7:24	8.0	7:40	9.7	1:12	1.0	1:19	1.4	5:25	8:09	
29	Sat	8:26	8.2	8:39	10.1	2:14	0.6	2:18	1.2	5:26	8:08	
30	Sun	9:26	8.5	9:36	10.6	3:13	0.2	3:17	0.9	5:28	8:06	
31	Mon	10:23	8.9	10:33	11.0	4:10	-0.4	4:14	0.5	5:29	8:05	