

































## Portland, ME - Aug 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	11:18	9.3	11:28	11.4	5:04	-0.9	5:10	0.0	5:30	8:04	
2	Wed			12:12	9.8	5:57	-1.2	6:05	-0.3	5:31	8:03	
3	Thu	12:23	11.6	1:04	10.1	6:49	-1.4	7:01	-0.5	5:32	8:02	
4	Fri	1:17	11.5	1:55	10.4	7:39	-1.5	7:56	-0.6	5:33	8:00	
5	Sat	2:11	11.2	2:47	10.5	8:29	-1.2	8:52	-0.5	5:34	7:59	
6	Sun	3:07	10.7	3:41	10.5	9:21	-0.8	9:51	-0.3	5:35	7:58	
7	Mon	4:05	10.1	4:36	10.3	10:14	-0.2	10:52	0.0	5:36	7:56	
8	Tue	5:06	9.4	5:32	10.1	11:10	0.4	11:55	0.3	5:37	7:55	
9	Wed	6:09	8.8	6:30	9.8			12:07	0.9	5:38	7:54	
10	Thu	7:13	8.4	7:31	9.6	1:00	0.5	1:09	1.4	5:40	7:52	
11	Fri	8:18	8.2	8:31	9.5	2:05	0.6	2:12	1.6	5:41	7:51	
12	Sat	9:17	8.2	9:26	9.5	3:06	0.6	3:10	1.6	5:42	7:49	
13	Sun	10:09	8.3	10:16	9.6	3:59	0.5	4:01	1.5	5:43	7:48	
14	Mon	10:55	8.4	11:00	9.7	4:46	0.4	4:46	1.4	5:44	7:46	
15	Tue	11:37	8.5	11:41	9.8	5:28	0.4	5:28	1.3	5:45	7:45	
16	Wed			12:16	8.7	6:06	0.3	6:06	1.1	5:46	7:43	
17	Thu	12:19	9.8	12:51	8.8	6:40	0.3	6:42	1.1	5:47	7:42	
18	Fri	12:55	9.7	1:24	8.9	7:11	0.3	7:18	1.0	5:48	7:40	
19	Sat	1:29	9.5	1:56	9.0	7:42	0.4	7:53	1.0	5:50	7:39	
20	Sun	2:04	9.3	2:28	9.1	8:14	0.5	8:31	0.9	5:51	7:37	
21	Mon	2:40	9.1	3:02	9.2	8:48	0.7	9:11	0.9	5:52	7:36	
22	Tue	3:20	8.8	3:40	9.2	9:26	1.0	9:56	1.0	5:53	7:34	
23	Wed	4:05	8.5	4:23	9.3	10:08	1.2	10:45	1.0	5:54	7:32	
24	Thu	4:55	8.2	5:13	9.3	10:56	1.4	11:40	1.0	5:55	7:31	
25	Fri	5:52	8.0	6:08	9.4	11:50	1.5			5:56	7:29	
26	Sat	6:54	8.0	7:11	9.7	12:41	0.9	12:50	1.4	5:57	7:27	
27	Sun	8:01	8.2	8:17	10.1	1:47	0.6	1:55	1.2	5:59	7:26	
28	Mon	9:05	8.6	9:19	10.6	2:51	0.1	2:59	0.7	6:00	7:24	
29	Tue	10:04	9.2	10:18	11.0	3:50	-0.4	3:59	0.2	6:01	7:22	
30	Wed	10:58	9.8	11:14	11.4	4:44	-0.9	4:55	-0.4	6:02	7:20	
31	Thu	11:50	10.3			5:36	-1.3	5:50	-0.8	6:03	7:19	