

































Portland, ME - Mar 2024

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:15	9.0	2:44	8.1	8:33	0.8	8:43	1.3	6:16	5:30	
2	Sat	2:56	8.9	3:32	7.8	9:20	0.9	9:30	1.6	6:14	5:31	
3	Sun	3:44	8.8	4:27	7.5	10:13	1.0	10:23	1.7	6:12	5:32	
4	Mon	4:40	8.8	5:30	7.4	11:13	1.1	11:23	1.8	6:11	5:34	
5	Tue	5:43	8.9	6:39	7.6			12:20	0.9	6:09	5:35	
6	Wed	6:52	9.3	7:44	8.1	12:30	1.5	1:27	0.4	6:07	5:36	
7	Thu	7:56	9.8	8:41	8.8	1:36	1.0	2:26	-0.2	6:05	5:37	
8	Fri	8:55	10.5	9:33	9.5	2:36	0.3	3:19	-0.8	6:04	5:39	
9	Sat	9:49	11.0	10:23	10.2	3:32	-0.4	4:08	-1.3	6:02	5:40	
10	Sun	11:41	11.3			5:25	-1.1	5:56	-1.6	7:00	6:41	
11	Mon	12:10	10.8	12:33	11.3	6:17	-1.6	6:43	-1.6	6:58	6:42	
12	Tue	12:57	11.2	1:23	11.1	7:08	-1.8	7:30	-1.4	6:57	6:44	
13	Wed	1:44	11.2	2:15	10.6	7:59	-1.7	8:18	-0.9	6:55	6:45	
14	Thu	2:33	11.0	3:08	9.9	8:52	-1.3	9:08	-0.2	6:53	6:46	
15	Fri	3:24	10.6	4:06	9.2	9:49	-0.8	10:03	0.5	6:51	6:47	
16	Sat	4:21	10.0	5:09	8.6	10:50	-0.2	11:03	1.1	6:49	6:48	
17	Sun	5:22	9.4	6:15	8.1	11:55	0.4			6:48	6:50	
18	Mon	6:29	9.0	7:24	7.8	12:08	1.6	1:05	0.8	6:46	6:51	
19	Tue	7:39	8.8	8:29	7.9	1:19	1.8	2:14	0.9	6:44	6:52	
20	Wed	8:43	8.8	9:25	8.1	2:27	1.7	3:13	0.8	6:42	6:53	
21	Thu	9:37	9.0	10:12	8.4	3:25	1.5	4:02	0.6	6:40	6:55	
22	Fri	10:24	9.2	10:53	8.7	4:13	1.1	4:43	0.5	6:39	6:56	
23	Sat	11:05	9.3	11:29	9.0	4:55	0.8	5:19	0.4	6:37	6:57	
24	Sun	11:43	9.3			5:33	0.6	5:52	0.4	6:35	6:58	
25	Mon	12:02	9.3	12:19	9.3	6:08	0.4	6:22	0.4	6:33	6:59	
26	Tue	12:33	9.4	12:53	9.1	6:41	0.3	6:52	0.6	6:31	7:01	
27	Wed	1:03	9.5	1:26	9.0	7:14	0.2	7:22	0.7	6:30	7:02	
28	Thu	1:32	9.5	2:01	8.7	7:48	0.2	7:55	1.0	6:28	7:03	
29	Fri	2:04	9.4	2:37	8.5	8:24	0.3	8:31	1.2	6:26	7:04	
30	Sat	2:40	9.4	3:18	8.2	9:05	0.4	9:13	1.4	6:24	7:05	
31	Sun	3:23	9.2	4:07	7.9	9:52	0.6	10:01	1.6	6:22	7:07	