

































## Portland, ME - May 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	2:02	11.3	2:50	9.6	8:32	-1.3	8:43	0.4	5:32	7:43	
2	Fri	2:58	10.7	3:51	9.1	9:30	-0.7	9:42	0.9	5:31	7:44	
3	Sat	4:00	10.1	4:54	8.8	10:32	-0.2	10:47	1.3	5:29	7:45	
4	Sun	5:05	9.6	5:58	8.6	11:36	0.3	11:55	1.5	5:28	7:47	
5	Mon	6:12	9.2	7:01	8.6			12:39	0.7	5:27	7:48	
6	Tue	7:17	8.9	7:59	8.7	1:04	1.6	1:40	0.9	5:25	7:49	
7	Wed	8:19	8.7	8:51	9.0	2:09	1.4	2:35	1.0	5:24	7:50	
8	Thu	9:13	8.7	9:37	9.2	3:05	1.1	3:23	1.0	5:23	7:51	
9	Fri	10:02	8.7	10:17	9.5	3:54	0.8	4:04	1.1	5:21	7:52	
10	Sat	10:46	8.7	10:54	9.6	4:37	0.6	4:42	1.2	5:20	7:53	
11	Sun	11:27	8.7	11:29	9.7	5:16	0.4	5:18	1.3	5:19	7:55	
12	Mon			12:06	8.6	5:53	0.3	5:52	1.4	5:18	7:56	
13	Tue	12:04	9.7	12:43	8.6	6:28	0.2	6:27	1.5	5:17	7:57	
14	Wed	12:38	9.7	1:20	8.4	7:03	0.3	7:02	1.6	5:16	7:58	
15	Thu	1:13	9.6	1:56	8.3	7:39	0.3	7:39	1.7	5:15	7:59	
16	Fri	1:49	9.5	2:35	8.2	8:17	0.4	8:19	1.7	5:14	8:00	
17	Sat	2:29	9.5	3:17	8.1	8:59	0.5	9:03	1.8	5:13	8:01	
18	Sun	3:14	9.4	4:04	8.2	9:45	0.6	9:53	1.8	5:12	8:02	
19	Mon	4:04	9.3	4:55	8.3	10:34	0.6	10:48	1.6	5:11	8:03	
20	Tue	4:59	9.3	5:47	8.7	11:26	0.5	11:47	1.4	5:10	8:04	
21	Wed	5:58	9.2	6:41	9.1			12:19	0.4	5:09	8:05	
22	Thu	6:59	9.3	7:36	9.7	12:48	1.0	1:14	0.3	5:08	8:06	
23	Fri	8:02	9.4	8:30	10.3	1:51	0.4	2:10	0.2	5:07	8:07	
24	Sat	9:03	9.6	9:23	10.9	2:51	-0.2	3:05	0.0	5:07	8:08	
25	Sun	10:00	9.8	10:15	11.4	3:48	-0.9	3:58	-0.2	5:06	8:09	
26	Mon	10:56	9.9	11:07	11.6	4:42	-1.3	4:51	-0.2	5:05	8:10	
27	Tue	11:52	10.0			5:36	-1.6	5:44	-0.2	5:04	8:11	
28	Wed	12:00	11.7	12:47	9.9	6:30	-1.6	6:37	0.0	5:04	8:12	
29	Thu	12:53	11.5	1:41	9.7	7:24	-1.4	7:31	0.3	5:03	8:13	
30	Fri	1:47	11.1	2:36	9.4	8:18	-1.0	8:27	0.6	5:03	8:14	
31	Sat	2:43	10.7	3:33	9.2	9:13	-0.6	9:25	1.0	5:02	8:15	