
































Portland, ME - Sep 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	6:23	7.4	6:33	8.5	12:06	1.7	12:09	2.3	6:05	7:16	
2	Tue	7:24	7.4	7:33	8.7	1:07	1.7	1:08	2.3	6:06	7:14	
3	Wed	8:24	7.5	8:30	9.0	2:08	1.5	2:08	2.1	6:07	7:12	
4	Thu	9:15	7.9	9:22	9.5	3:02	1.1	3:03	1.7	6:08	7:11	
5	Fri	10:01	8.4	10:08	9.9	3:49	0.6	3:51	1.1	6:09	7:09	
6	Sat	10:43	9.0	10:53	10.3	4:31	0.1	4:37	0.5	6:10	7:07	
7	Sun	11:24	9.6	11:38	10.6	5:11	-0.3	5:23	0.0	6:11	7:05	
8	Mon			12:05	10.2	5:52	-0.6	6:09	-0.5	6:13	7:03	
9	Tue	12:23	10.7	12:47	10.6	6:34	-0.8	6:56	-0.9	6:14	7:02	
10	Wed	1:09	10.7	1:30	10.9	7:17	-0.8	7:44	-1.0	6:15	7:00	
11	Thu	1:58	10.4	2:16	11.0	8:02	-0.6	8:35	-0.9	6:16	6:58	
12	Fri	2:49	10.0	3:06	10.8	8:51	-0.2	9:30	-0.7	6:17	6:56	
13	Sat	3:46	9.5	4:03	10.5	9:45	0.3	10:31	-0.3	6:18	6:54	
14	Sun	4:49	9.0	5:06	10.1	10:44	0.8	11:37	0.1	6:19	6:53	
15	Mon	5:56	8.6	6:14	9.8	11:50	1.2			6:20	6:51	
16	Tue	7:07	8.4	7:25	9.7	12:47	0.4	1:00	1.3	6:21	6:49	
17	Wed	8:15	8.5	8:32	9.8	1:59	0.4	2:11	1.2	6:23	6:47	
18	Thu	9:16	8.8	9:32	9.9	3:02	0.3	3:14	1.0	6:24	6:45	
19	Fri	10:08	9.1	10:24	10.0	3:56	0.1	4:09	0.7	6:25	6:43	
20	Sat	10:55	9.4	11:11	10.0	4:43	0.0	4:57	0.4	6:26	6:42	
21	Sun	11:36	9.6	11:54	9.9	5:25	0.0	5:41	0.2	6:27	6:40	
22	Mon			12:14	9.7	6:03	0.2	6:22	0.2	6:28	6:38	
23	Tue	12:34	9.6	12:49	9.7	6:38	0.4	7:00	0.2	6:29	6:36	
24	Wed	1:12	9.3	1:23	9.6	7:12	0.7	7:37	0.4	6:31	6:34	
25	Thu	1:50	9.0	1:57	9.5	7:46	1.1	8:15	0.6	6:32	6:32	
26	Fri	2:28	8.6	2:33	9.2	8:22	1.4	8:55	0.9	6:33	6:31	
27	Sat	3:10	8.2	3:13	9.0	9:01	1.8	9:39	1.2	6:34	6:29	
28	Sun	3:56	7.9	4:00	8.7	9:45	2.1	10:29	1.4	6:35	6:27	
29	Mon	4:48	7.6	4:53	8.6	10:35	2.3	11:24	1.6	6:36	6:25	
30	Tue	5:45	7.4	5:51	8.5	11:30	2.4			6:37	6:23	