

































Portland, ME - Dec 2025

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	7:02	10.0	7:35	9.3	12:42	0.4	1:23	0.0	6:54	4:05	
2	Tue	7:55	10.6	8:32	9.5	1:37	0.1	2:20	-0.7	6:56	4:05	
3	Wed	8:46	11.1	9:27	9.8	2:30	-0.1	3:14	-1.3	6:57	4:04	
4	Thu	9:38	11.5	10:22	9.9	3:23	-0.3	4:07	-1.7	6:58	4:04	
5	Fri	10:31	11.7	11:16	9.9	4:15	-0.4	5:01	-1.8	6:59	4:04	
6	Sat	11:25	11.7			5:08	-0.4	5:54	-1.7	7:00	4:04	
7	Sun	12:10	9.8	12:19	11.4	6:02	-0.2	6:48	-1.4	7:01	4:04	
8	Mon	1:05	9.6	1:14	11.0	6:57	0.1	7:43	-1.0	7:02	4:04	
9	Tue	2:01	9.4	2:11	10.4	7:54	0.4	8:40	-0.5	7:02	4:04	
10	Wed	3:00	9.1	3:12	9.8	8:56	0.8	9:37	0.0	7:03	4:04	
11	Thu	3:59	9.0	4:14	9.2	10:00	1.1	10:34	0.5	7:04	4:04	
12	Fri	4:56	8.9	5:16	8.7	11:04	1.2	11:31	0.9	7:05	4:04	
13	Sat	5:52	8.9	6:18	8.3			12:08	1.2	7:06	4:04	
14	Sun	6:47	9.0	7:18	8.2	12:27	1.2	1:10	1.1	7:07	4:04	
15	Mon	7:37	9.1	8:13	8.1	1:20	1.4	2:05	0.8	7:07	4:04	
16	Tue	8:23	9.2	9:02	8.1	2:09	1.5	2:53	0.6	7:08	4:05	
17	Wed	9:06	9.3	9:46	8.2	2:54	1.5	3:36	0.4	7:09	4:05	
18	Thu	9:46	9.4	10:28	8.2	3:34	1.5	4:16	0.3	7:09	4:05	
19	Fri	10:25	9.5	11:08	8.3	4:13	1.5	4:54	0.2	7:10	4:06	
20	Sat	11:03	9.6	11:45	8.3	4:50	1.4	5:31	0.2	7:10	4:06	
21	Sun	11:40	9.6			5:27	1.4	6:06	0.2	7:11	4:07	
22	Mon	12:22	8.3	12:17	9.6	6:04	1.3	6:42	0.1	7:11	4:07	
23	Tue	12:58	8.3	12:54	9.6	6:42	1.3	7:19	0.1	7:12	4:08	
24	Wed	1:36	8.4	1:34	9.5	7:24	1.3	7:59	0.2	7:12	4:08	
25	Thu	2:16	8.5	2:19	9.3	8:09	1.2	8:42	0.2	7:13	4:09	
26	Fri	3:00	8.7	3:09	9.1	9:00	1.1	9:28	0.3	7:13	4:10	
27	Sat	3:47	9.0	4:03	8.9	9:54	0.9	10:17	0.4	7:13	4:10	
28	Sun	4:38	9.3	5:02	8.8	10:53	0.6	11:10	0.4	7:13	4:11	
29	Mon	5:32	9.7	6:06	8.7	11:54	0.3			7:14	4:12	
30	Tue	6:29	10.1	7:11	8.8	12:08	0.5	12:58	-0.1	7:14	4:13	
31	Wed	7:29	10.5	8:13	8.8	1:08	0.4	2:01	-0.6	7:14	4:14	