

Portland, ME - Jun 2026

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:14	9.8	12:57	8.5	6:42	0.2	6:39	1.6	5:02	8:15	
2	Tue	12:51	9.7	1:35	8.4	7:19	0.3	7:16	1.7	5:01	8:16	
3	Wed	1:28	9.6	2:12	8.3	7:55	0.4	7:54	1.7	5:01	8:17	
4	Thu	2:06	9.5	2:51	8.3	8:33	0.5	8:35	1.8	5:00	8:17	
5	Fri	2:45	9.4	3:32	8.3	9:12	0.6	9:19	1.8	5:00	8:18	
6	Sat	3:28	9.2	4:15	8.4	9:54	0.7	10:06	1.8	5:00	8:19	
7	Sun	4:15	9.1	4:59	8.6	10:38	0.7	10:57	1.6	4:59	8:20	
8	Mon	5:06	8.9	5:45	8.9	11:23	0.7	11:51	1.4	4:59	8:20	
9	Tue	5:59	8.8	6:34	9.4			12:12	0.7	4:59	8:21	
10	Wed	6:57	8.8	7:25	9.8	12:48	1.0	1:04	0.7	4:59	8:21	
11	Thu	7:57	8.9	8:18	10.3	1:47	0.5	1:59	0.6	4:58	8:22	
12	Fri	8:57	9.0	9:12	10.8	2:46	-0.1	2:54	0.5	4:58	8:22	
13	Sat	9:55	9.3	10:06	11.2	3:43	-0.6	3:49	0.3	4:58	8:23	
14	Sun	10:52	9.5	11:01	11.5	4:38	-1.1	4:44	0.1	4:58	8:23	
15	Mon	11:49	9.7	11:57	11.7	5:33	-1.4	5:39	0.0	4:58	8:24	
16	Tue			12:45	9.8	6:29	-1.5	6:36	-0.1	4:58	8:24	
17	Wed	12:53	11.6	1:41	9.8	7:23	-1.5	7:32	0.0	4:58	8:25	
18	Thu	1:49	11.4	2:36	9.8	8:18	-1.2	8:30	0.2	4:58	8:25	
19	Fri	2:46	10.9	3:33	9.7	9:13	-0.9	9:30	0.4	4:59	8:25	
20	Sat	3:45	10.4	4:31	9.7	10:09	-0.5	10:32	0.7	4:59	8:25	
21	Sun	4:46	9.8	5:27	9.6	11:04	0.0	11:35	0.8	4:59	8:26	
22	Mon	5:47	9.2	6:22	9.5	11:59	0.5			4:59	8:26	
23	Tue	6:47	8.7	7:16	9.5	12:38	0.9	12:54	1.0	5:00	8:26	
24	Wed	7:49	8.4	8:09	9.5	1:40	0.9	1:49	1.3	5:00	8:26	
25	Thu	8:47	8.2	9:00	9.5	2:39	0.8	2:42	1.6	5:00	8:26	
26	Fri	9:40	8.2	9:46	9.5	3:32	0.7	3:32	1.7	5:01	8:26	
27	Sat	10:29	8.2	10:30	9.6	4:19	0.6	4:16	1.7	5:01	8:26	
28	Sun	11:13	8.2	11:12	9.7	5:03	0.5	4:58	1.7	5:01	8:26	
29	Mon	11:55	8.3	11:52	9.7	5:44	0.4	5:38	1.6	5:02	8:26	
30	Tue			12:35	8.3	6:22	0.4	6:16	1.6	5:02	8:26	