


































Portland, ME - Dec 2026

| Date | | High | | | | Low | | | |  | |  |
|------|-----|-------|------|-------|------|-------|------|-------|------|---|------|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Tue | 4:21 | 9.2 | 4:39 | 9.5 | 10:23 | 0.8 | 10:59 | 0.2 | 6:54 | 4:05 |  |
| 2 | Wed | 5:22 | 9.3 | 5:46 | 9.1 | 11:31 | 0.8 | | | 6:55 | 4:05 |  |
| 3 | Thu | 6:22 | 9.4 | 6:51 | 8.9 | 12:00 | 0.5 | 12:39 | 0.7 | 6:56 | 4:04 |  |
| 4 | Fri | 7:19 | 9.6 | 7:52 | 8.8 | 12:59 | 0.7 | 1:41 | 0.4 | 6:57 | 4:04 |  |
| 5 | Sat | 8:10 | 9.8 | 8:46 | 8.7 | 1:54 | 0.9 | 2:36 | 0.2 | 6:58 | 4:04 |  |
| 6 | Sun | 8:57 | 9.9 | 9:35 | 8.7 | 2:43 | 1.0 | 3:24 | 0.0 | 6:59 | 4:04 |  |
| 7 | Mon | 9:40 | 9.9 | 10:20 | 8.6 | 3:27 | 1.1 | 4:08 | -0.1 | 7:00 | 4:04 |  |
| 8 | Tue | 10:21 | 9.9 | 11:02 | 8.6 | 4:09 | 1.2 | 4:49 | -0.1 | 7:01 | 4:04 |  |
| 9 | Wed | 11:00 | 9.8 | 11:41 | 8.5 | 4:48 | 1.2 | 5:28 | 0.0 | 7:02 | 4:04 |  |
| 10 | Thu | 11:38 | 9.7 | | | 5:26 | 1.3 | 6:05 | 0.1 | 7:03 | 4:04 |  |
| 11 | Fri | 12:19 | 8.4 | 12:15 | 9.6 | 6:03 | 1.4 | 6:42 | 0.3 | 7:04 | 4:04 |  |
| 12 | Sat | 12:57 | 8.3 | 12:53 | 9.4 | 6:41 | 1.5 | 7:18 | 0.4 | 7:05 | 4:04 |  |
| 13 | Sun | 1:35 | 8.2 | 1:31 | 9.2 | 7:20 | 1.6 | 7:56 | 0.5 | 7:06 | 4:04 |  |
| 14 | Mon | 2:14 | 8.2 | 2:13 | 9.0 | 8:02 | 1.6 | 8:36 | 0.7 | 7:06 | 4:04 |  |
| 15 | Tue | 2:56 | 8.2 | 2:58 | 8.8 | 8:49 | 1.7 | 9:19 | 0.8 | 7:07 | 4:04 |  |
| 16 | Wed | 3:40 | 8.3 | 3:47 | 8.6 | 9:38 | 1.6 | 10:03 | 0.9 | 7:08 | 4:05 |  |
| 17 | Thu | 4:25 | 8.6 | 4:40 | 8.4 | 10:31 | 1.4 | 10:50 | 0.9 | 7:08 | 4:05 |  |
| 18 | Fri | 5:12 | 8.9 | 5:36 | 8.3 | 11:26 | 1.1 | 11:41 | 1.0 | 7:09 | 4:05 |  |
| 19 | Sat | 6:02 | 9.3 | 6:35 | 8.4 | | | 12:24 | 0.7 | 7:10 | 4:06 |  |
| 20 | Sun | 6:55 | 9.8 | 7:34 | 8.6 | 12:35 | 0.9 | 1:23 | 0.2 | 7:10 | 4:06 |  |
| 21 | Mon | 7:49 | 10.3 | 8:31 | 8.9 | 1:30 | 0.7 | 2:19 | -0.4 | 7:11 | 4:07 |  |
| 22 | Tue | 8:42 | 10.8 | 9:26 | 9.2 | 2:25 | 0.4 | 3:13 | -0.9 | 7:11 | 4:07 |  |
| 23 | Wed | 9:35 | 11.2 | 10:21 | 9.5 | 3:19 | 0.0 | 4:07 | -1.4 | 7:12 | 4:08 |  |
| 24 | Thu | 10:30 | 11.5 | 11:15 | 9.7 | 4:12 | -0.2 | 5:00 | -1.6 | 7:12 | 4:08 |  |
| 25 | Fri | 11:24 | 11.6 | | | 5:07 | -0.4 | 5:53 | -1.7 | 7:12 | 4:09 |  |
| 26 | Sat | 12:09 | 9.8 | 12:19 | 11.5 | 6:02 | -0.4 | 6:46 | -1.6 | 7:13 | 4:09 |  |
| 27 | Sun | 1:02 | 9.8 | 1:14 | 11.1 | 6:57 | -0.3 | 7:39 | -1.3 | 7:13 | 4:10 |  |
| 28 | Mon | 1:57 | 9.8 | 2:12 | 10.5 | 7:55 | -0.1 | 8:34 | -0.8 | 7:13 | 4:11 |  |
| 29 | Tue | 2:54 | 9.7 | 3:12 | 9.9 | 8:57 | 0.2 | 9:30 | -0.3 | 7:14 | 4:12 |  |
| 30 | Wed | 3:52 | 9.6 | 4:15 | 9.2 | 10:01 | 0.4 | 10:27 | 0.2 | 7:14 | 4:12 |  |
| 31 | Thu | 4:50 | 9.5 | 5:19 | 8.7 | 11:06 | 0.6 | 11:22 | 0.7 | 7:14 | 4:13 |  |