



















Portland, ME - Mar 2028

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:36	9.3	2:02	8.5	7:52	0.4	8:02	0.9	6:16	5:30	
2	Thu	2:14	9.2	2:46	8.2	8:36	0.5	8:46	1.1	6:14	5:31	
3	Fri	2:59	9.2	3:37	7.9	9:26	0.7	9:36	1.3	6:12	5:32	
4	Sat	3:51	9.1	4:35	7.8	10:22	0.8	10:32	1.4	6:10	5:34	
5	Sun	4:51	9.1	5:41	7.8	11:25	0.7	11:36	1.3	6:09	5:35	
6	Mon	5:58	9.3	6:50	8.1			12:32	0.5	6:07	5:36	
7	Tue	7:07	9.7	7:54	8.7	12:45	1.0	1:38	0.0	6:05	5:37	
8	Wed	8:11	10.2	8:50	9.4	1:51	0.4	2:35	-0.6	6:04	5:39	
9	Thu	9:09	10.7	9:42	10.2	2:51	-0.3	3:28	-1.1	6:02	5:40	
10	Fri	10:03	11.1	10:32	10.8	3:46	-1.0	4:17	-1.5	6:00	5:41	
11	Sat	10:56	11.2	11:20	11.2	4:39	-1.5	5:06	-1.6	5:58	5:42	
12	Sun			12:47	11.1	6:31	-1.8	6:53	-1.5	6:56	6:44	
13	Mon	1:07	11.4	1:38	10.8	7:22	-1.8	7:41	-1.1	6:55	6:45	
14	Tue	1:55	11.2	2:29	10.2	8:13	-1.6	8:29	-0.5	6:53	6:46	
15	Wed	2:44	10.8	3:23	9.5	9:06	-1.0	9:20	0.1	6:51	6:47	
16	Thu	3:37	10.3	4:21	8.9	10:03	-0.4	10:16	0.8	6:49	6:48	
17	Fri	4:35	9.6	5:23	8.3	11:04	0.2	11:17	1.4	6:48	6:50	
18	Sat	5:37	9.1	6:28	7.9			12:09	0.7	6:46	6:51	
19	Sun	6:42	8.8	7:33	7.8	12:22	1.7	1:17	1.0	6:44	6:52	
20	Mon	7:48	8.7	8:34	8.0	1:31	1.8	2:20	1.0	6:42	6:53	
21	Tue	8:48	8.7	9:25	8.3	2:34	1.6	3:14	0.9	6:40	6:55	
22	Wed	9:39	8.9	10:09	8.6	3:28	1.3	4:00	0.7	6:39	6:56	
23	Thu	10:23	9.1	10:48	8.9	4:13	1.0	4:38	0.6	6:37	6:57	
24	Fri	11:04	9.2	11:24	9.2	4:54	0.7	5:13	0.5	6:35	6:58	
25	Sat	11:41	9.2	11:57	9.4	5:31	0.4	5:45	0.5	6:33	6:59	
26	Sun			12:17	9.2	6:05	0.2	6:16	0.5	6:31	7:01	
27	Mon	12:28	9.6	12:52	9.1	6:39	0.1	6:47	0.6	6:29	7:02	
28	Tue	12:58	9.7	1:26	9.0	7:13	0.0	7:20	0.7	6:28	7:03	
29	Wed	1:30	9.7	2:01	8.8	7:49	0.0	7:56	0.8	6:26	7:04	
30	Thu	2:05	9.7	2:40	8.6	8:28	0.1	8:35	1.0	6:24	7:05	
31	Fri	2:46	9.6	3:25	8.4	9:12	0.2	9:21	1.2	6:22	7:07	