US HARBORS www.USHarbors.com

Portland, ME - Mar 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	11:10	11.2	11:35	11.0	4:55	-1.4	5:21	-1.6	6:16	5:29	
2	Fri			12:00	11.1	5:45	-1.7	6:08	-1.6	6:14	5:31	
3	Sat	12:22	11.3	12:50	10.8	6:35	-1.8	6:55	-1.3	6:13	5:32	
4	Sun	1:10	11.3	1:42	10.3	7:27	-1.6	7:45	-0.8	6:11	5:33	
5	Mon	2:01	11.0	2:39	9.7	8:23	-1.2	8:39	-0.2	6:09	5:35	
6	Tue	2:57	10.5	3:41	9.1	9:23	-0.7	9:39	0.4	6:07	5:36	
7	Wed	4:00	10.0	4:48	8.6	10:28	-0.1	10:44	0.9	6:06	5:37	
8	Thu	5:07	9.5	5:58	8.3	11:38	0.3	11:54	1.2	6:04	5:38	
9	Fri	6:17	9.3	7:07	8.3			12:50	0.5	6:02	5:40	
10	Sat	7:25	9.2	8:08	8.5	1:06	1.2	1:54	0.4	6:00	5:41	
11	Sun	9:24	9.3	10:00	8.7	3:09	1.0	3:48	0.3	6:59	6:42	
12	Mon	10:15	9.5	10:45	9.0	4:02	0.7	4:34	0.1	6:57	6:43	
13	Tue	11:00	9.5	11:25	9.3	4:49	0.5	5:14	0.1	6:55	6:45	
14	Wed	11:41	9.5			5:30	0.2	5:50	0.1	6:53	6:46	
15	Thu	12:01	9.4	12:19	9.5	6:08	0.1	6:23	0.2	6:52	6:47	
16	Fri	12:34	9.5	12:54	9.3	6:43	0.1	6:55	0.4	6:50	6:48	
17	Sat	1:06	9.5	1:29	9.1	7:17	0.1	7:26	0.6	6:48	6:49	
18	Sun	1:37	9.5	2:03	8.8	7:51	0.2	7:58	0.8	6:46	6:51	
19	Mon	2:10	9.4	2:40	8.5	8:27	0.4	8:34	1.1	6:44	6:52	
20	Tue	2:45	9.2	3:19	8.2	9:06	0.6	9:14	1.3	6:43	6:53	
21	Wed	3:25	9.0	4:05	7.9	9:50	0.8	9:59	1.6	6:41	6:54	
22	Thu	4:12	8.9	4:56	7.7	10:40	1.0	10:50	1.7	6:39	6:55	
23	Fri	5:06	8.8	5:53	7.7	11:35	1.0	11:47	1.7	6:37	6:57	
24	Sat	6:05	8.9	6:54	7.9			12:35	0.9	6:35	6:58	
25	Sun	7:09	9.1	7:56	8.3	12:49	1.5	1:37	0.6	6:34	6:59	
26	Mon	8:13	9.5	8:52	9.0	1:54	1.0	2:36	0.2	6:32	7:00	
27	Tue	9:12	10.0	9:44	9.8	2:55	0.3	3:29	-0.4	6:30	7:01	
28	Wed	10:06	10.4	10:33	10.6	3:51	-0.5	4:18	-0.9	6:28	7:03	
29	Thu	10:59	10.8	11:21	11.2	4:43	-1.2	5:07	-1.2	6:26	7:04	
30	Fri	11:50	11.0			5:35	-1.7	5:55	-1.3	6:25	7:05	
31	Sat	12:09	11.6	12:42	10.9	6:26	-2.0	6:44	-1.3	6:23	7:06	