US HARBORS www.USHarbors.com

Portland, ME - Jun 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	2:57	10.4	3:43	9.3	9:23	-0.4	9:38	1.0	5:01	8:15	
2	Sat	3:52	9.8	4:37	9.1	10:16	0.1	10:36	1.2	5:01	8:16	
3	Sun	4:48	9.3	5:30	9.0	11:08	0.6	11:35	1.4	5:01	8:17	
4	Mon	5:44	8.8	6:22	8.9	11:59	1.0			5:00	8:18	
5	Tue	6:41	8.4	7:13	9.0	12:34	1.5	12:51	1.3	5:00	8:18	
6	Wed	7:39	8.2	8:04	9.1	1:33	1.5	1:42	1.5	5:00	8:19	
7	Thu	8:35	8.1	8:51	9.2	2:29	1.3	2:32	1.6	4:59	8:20	
8	Fri	9:26	8.1	9:35	9.4	3:19	1.0	3:18	1.6	4:59	8:20	
9	Sat	10:12	8.2	10:17	9.6	4:04	0.8	4:01	1.6	4:59	8:21	
10	Sun	10:56	8.3	10:57	9.8	4:45	0.5	4:41	1.5	4:59	8:22	
11	Mon	11:38	8.5	11:36	9.9	5:25	0.3	5:20	1.4	4:58	8:22	
12	Tue			12:18	8.6	6:03	0.1	6:00	1.3	4:58	8:23	
13	Wed	12:15	10.1	12:57	8.7	6:41	0.0	6:40	1.2	4:58	8:23	
14	Thu	12:54	10.2	1:36	8.8	7:20	-0.2	7:22	1.0	4:58	8:24	
15	Fri	1:35	10.2	2:17	9.0	8:00	-0.3	8:07	0.9	4:58	8:24	
16	Sat	2:18	10.2	3:00	9.2	8:42	-0.3	8:55	0.8	4:58	8:24	
17	Sun	3:05	10.1	3:47	9.5	9:28	-0.3	9:47	0.7	4:58	8:25	
18	Mon	3:57	9.9	4:37	9.7	10:17	-0.2	10:44	0.5	4:59	8:25	
19	Tue	4:53	9.6	5:30	10.0	11:08	-0.1	11:43	0.4	4:59	8:25	
20	Wed	5:53	9.4	6:25	10.2			12:02	0.1	4:59	8:26	
21	Thu	6:57	9.2	7:24	10.5	12:45	0.2	1:00	0.3	4:59	8:26	
22	Fri	8:03	9.1	8:24	10.7	1:50	-0.1	2:01	0.4	4:59	8:26	
23	Sat	9:07	9.2	9:22	11.0	2:54	-0.4	3:02	0.3	5:00	8:26	
24	Sun	10:07	9.3	10:18	11.1	3:53	-0.7	4:00	0.3	5:00	8:26	
25	Mon	11:04	9.4	11:13	11.2	4:49	-0.9	4:55	0.2	5:00	8:26	
26	Tue	11:58	9.5			5:43	-1.0	5:49	0.2	5:01	8:26	
27	Wed	12:06	11.1	12:50	9.6	6:34	-1.0	6:41	0.3	5:01	8:26	
28	Thu	12:57	10.9	1:38	9.5	7:22	-0.8	7:31	0.4	5:02	8:26	
29	Fri	1:45	10.6	2:26	9.5	8:09	-0.5	8:20	0.6	5:02	8:26	
30	Sat	2:33	10.2	3:12	9.3	8:54	-0.2	9:10	0.9	5:03	8:26	