US HARBORS www.USHarbors.com

Portland, ME - Aug 2029

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	4:21	8.5	4:44	9.0	10:23	1.3	11:01	1.4	5:30	8:03	
2	Thu	5:11	8.1	5:31	8.9	11:08	1.6	11:53	1.5	5:31	8:02	
3	Fri	6:05	7.8	6:22	8.8	11:57	1.9			5:32	8:01	
4	Sat	7:02	7.6	7:17	8.8	12:49	1.6	12:50	2.0	5:34	8:00	
5	Sun	8:01	7.6	8:12	9.0	1:48	1.5	1:47	2.0	5:35	7:58	
6	Mon	8:56	7.8	9:04	9.4	2:45	1.2	2:42	1.8	5:36	7:57	
7	Tue	9:46	8.1	9:53	9.8	3:34	0.8	3:33	1.4	5:37	7:56	
8	Wed	10:31	8.6	10:38	10.2	4:19	0.3	4:20	0.9	5:38	7:54	
9	Thu	11:15	9.1	11:23	10.6	5:02	-0.1	5:06	0.4	5:39	7:53	
10	Fri	11:57	9.6			5:44	-0.5	5:53	0.0	5:40	7:51	
11	Sat	12:09	10.8	12:40	10.1	6:26	-0.8	6:40	-0.4	5:41	7:50	
12	Sun	12:54	10.9	1:23	10.5	7:09	-1.0	7:28	-0.6	5:42	7:49	
13	Mon	1:42	10.8	2:08	10.7	7:53	-1.0	8:18	-0.7	5:43	7:47	
14	Tue	2:31	10.5	2:57	10.8	8:40	-0.8	9:12	-0.6	5:45	7:46	
15	Wed	3:25	10.1	3:49	10.7	9:31	-0.4	10:09	-0.4	5:46	7:44	
16	Thu	4:23	9.6	4:47	10.5	10:26	0.0	11:11	-0.2	5:47	7:43	
17	Fri	5:26	9.1	5:48	10.3	11:25	0.5			5:48	7:41	
18	Sat	6:33	8.8	6:54	10.1	12:16	0.1	12:29	0.8	5:49	7:39	
19	Sun	7:43	8.6	8:01	10.0	1:26	0.2	1:37	1.0	5:50	7:38	
20	Mon	8:48	8.7	9:05	10.1	2:34	0.2	2:44	0.9	5:51	7:36	
21	Tue	9:47	8.9	10:01	10.2	3:34	0.0	3:43	0.7	5:52	7:35	
22	Wed	10:39	9.1	10:52	10.3	4:27	-0.1	4:36	0.5	5:54	7:33	
23	Thu	11:25	9.4	11:38	10.2	5:14	-0.2	5:24	0.4	5:55	7:31	
24	Fri			12:08	9.5	5:56	-0.2	6:08	0.3	5:56	7:30	
25	Sat	12:21	10.1	12:47	9.6	6:35	0.0	6:49	0.3	5:57	7:28	
26	Sun	1:01	9.8	1:23	9.6	7:11	0.2	7:29	0.4	5:58	7:26	
27	Mon	1:40	9.5	1:59	9.5	7:45	0.5	8:07	0.5	5:59	7:25	
28	Tue	2:18	9.1	2:35	9.4	8:21	0.8	8:47	0.8	6:00	7:23	
29	Wed	2:59	8.7	3:13	9.2	8:58	1.1	9:30	1.0	6:01	7:21	
30	Thu	3:42	8.4	3:56	9.0	9:39	1.5	10:17	1.3	6:03	7:19	
31	Fri	4:30	8.0	4:43	8.8	10:24	1.7	11:07	1.5	6:04	7:18	