US HARBORS www.USHarbors.com

Portland, ME - May 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	11:24	9.1	11:32	10.0	5:14	0.0	5:21	0.8	5:32	7:43	
2	Thu			12:05	9.0	5:53	-0.1	5:57	0.9	5:31	7:44	
3	Fri	12:09	9.9	12:43	8.9	6:30	-0.1	6:32	1.0	5:30	7:45	
4	Sat	12:44	9.9	1:20	8.8	7:06	0.0	7:07	1.2	5:28	7:46	
5	Sun	1:18	9.7	1:57	8.7	7:41	0.2	7:43	1.3	5:27	7:48	
6	Mon	1:54	9.6	2:35	8.5	8:18	0.3	8:21	1.5	5:26	7:49	
7	Tue	2:32	9.4	3:15	8.4	8:57	0.5	9:03	1.6	5:24	7:50	
8	Wed	3:14	9.2	3:59	8.3	9:40	0.7	9:49	1.7	5:23	7:51	
9	Thu	4:00	9.1	4:46	8.3	10:25	0.8	10:40	1.7	5:22	7:52	
10	Fri	4:51	9.0	5:35	8.5	11:14	0.8	11:34	1.6	5:21	7:53	
11	Sat	5:46	8.9	6:26	8.8			12:04	0.8	5:19	7:54	
12	Sun	6:43	9.0	7:20	9.3	12:32	1.3	12:58	0.6	5:18	7:56	
13	Mon	7:44	9.1	8:13	9.9	1:31	0.8	1:53	0.4	5:17	7:57	
14	Tue	8:43	9.4	9:05	10.5	2:31	0.2	2:47	0.1	5:16	7:58	
15	Wed	9:39	9.7	9:56	11.1	3:27	-0.5	3:40	-0.2	5:15	7:59	
16	Thu	10:34	10.0	10:48	11.6	4:20	-1.1	4:32	-0.4	5:14	8:00	
17	Fri	11:29	10.2	11:40	11.8	5:13	-1.6	5:24	-0.6	5:13	8:01	
18	Sat			12:23	10.3	6:07	-1.8	6:18	-0.6	5:12	8:02	
19	Sun	12:33	11.9	1:18	10.3	7:00	-1.9	7:12	-0.5	5:11	8:03	
20	Mon	1:28	11.7	2:13	10.1	7:54	-1.7	8:07	-0.2	5:10	8:04	
21	Tue	2:23	11.3	3:10	9.9	8:50	-1.3	9:06	0.1	5:09	8:05	
22	Wed	3:22	10.8	4:10	9.7	9:48	-0.8	10:08	0.5	5:08	8:06	
23	Thu	4:24	10.2	5:11	9.5	10:47	-0.3	11:13	0.8	5:07	8:07	
24	Fri	5:27	9.7	6:10	9.5	11:46	0.1			5:07	8:08	
25	Sat	6:30	9.2	7:08	9.4	12:18	0.9	12:45	0.5	5:06	8:09	
26	Sun	7:33	8.9	8:04	9.5	1:23	0.9	1:43	0.8	5:05	8:10	
27	Mon	8:32	8.7	8:55	9.6	2:24	0.8	2:37	1.0	5:05	8:11	
28	Tue	9:26	8.6	9:41	9.7	3:18	0.6	3:26	1.2	5:04	8:12	
29	Wed	10:15	8.6	10:24	9.8	4:07	0.4	4:10	1.2	5:03	8:13	
30	Thu	10:59	8.6	11:04	9.8	4:50	0.3	4:50	1.3	5:03	8:14	
31	Fri	11:41	8.7	11:42	9.9	5:30	0.2	5:29	1.3	5:02	8:14	