US HARBORS www.USHarbors.com

Portland, ME - Jun 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:21	8.7	6:08	0.2	6:06	1.3	5:02	8:15	
2	Sun	12:19	9.9	12:59	8.6	6:44	0.2	6:42	1.4	5:01	8:16	
3	Mon	12:55	9.8	1:35	8.6	7:19	0.2	7:19	1.4	5:01	8:17	
4	Tue	1:31	9.8	2:12	8.6	7:55	0.2	7:57	1.4	5:00	8:18	
5	Wed	2:08	9.7	2:50	8.6	8:32	0.3	8:38	1.4	5:00	8:18	
6	Thu	2:48	9.5	3:30	8.7	9:11	0.3	9:23	1.4	5:00	8:19	
7	Fri	3:32	9.4	4:13	8.9	9:54	0.4	10:12	1.3	4:59	8:20	
8	Sat	4:20	9.3	5:00	9.2	10:39	0.4	11:05	1.1	4:59	8:20	
9	Sun	5:13	9.1	5:49	9.5	11:28	0.4			4:59	8:21	
10	Mon	6:10	9.1	6:41	9.9	12:01	0.8	12:20	0.4	4:59	8:21	
11	Tue	7:10	9.1	7:37	10.3	1:00	0.5	1:16	0.4	4:58	8:22	
12	Wed	8:13	9.2	8:35	10.8	2:02	0.0	2:15	0.3	4:58	8:22	
13	Thu	9:15	9.4	9:31	11.2	3:03	-0.5	3:13	0.0	4:58	8:23	
14	Fri	10:14	9.7	10:27	11.6	4:01	-1.0	4:09	-0.2	4:58	8:23	
15	Sat	11:12	9.9	11:23	11.8	4:57	-1.4	5:05	-0.3	4:58	8:24	
16	Sun			12:08	10.1	5:52	-1.6	6:01	-0.4	4:58	8:24	
17	Mon	12:19	11.8	1:03	10.2	6:46	-1.7	6:57	-0.4	4:58	8:25	
18	Tue	1:14	11.6	1:57	10.2	7:39	-1.5	7:52	-0.2	4:59	8:25	
19	Wed	2:08	11.2	2:51	10.1	8:32	-1.2	8:49	0.1	4:59	8:25	
20	Thu	3:04	10.7	3:46	9.9	9:25	-0.8	9:48	0.4	4:59	8:26	
21	Fri	4:01	10.1	4:42	9.8	10:19	-0.3	10:48	0.6	4:59	8:26	
22	Sat	4:59	9.5	5:36	9.6	11:13	0.3	11:48	0.9	4:59	8:26	
23	Sun	5:58	9.0	6:30	9.5			12:06	0.8	5:00	8:26	
24	Mon	6:57	8.5	7:24	9.4	12:49	1.0	1:01	1.2	5:00	8:26	
25	Tue	7:57	8.3	8:16	9.4	1:49	1.0	1:56	1.5	5:00	8:26	
26	Wed	8:53	8.2	9:06	9.4	2:46	0.9	2:49	1.6	5:01	8:26	
27	Thu	9:44	8.2	9:52	9.6	3:37	0.8	3:36	1.6	5:01	8:26	
28	Fri	10:31	8.3	10:35	9.7	4:22	0.6	4:20	1.5	5:01	8:26	
29	Sat	11:14	8.4	11:16	9.8	5:04	0.5	5:00	1.5	5:02	8:26	
30	Sun	11:55	8.5	11:55	9.9	5:43	0.3	5:39	1.4	5:02	8:26	