US HARBORS www.USHarbors.com

Portland, ME - Aug 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:43	10.1	1:14	9.4	6:59	-0.2	7:09	0.5	5:30	8:04	
2	Fri	1:22	10.1	1:50	9.7	7:36	-0.3	7:51	0.3	5:31	8:02	
3	Sat	2:02	10.0	2:29	9.9	8:14	-0.3	8:36	0.1	5:32	8:01	
4	Sun	2:45	9.8	3:12	10.1	8:56	-0.2	9:24	0.1	5:33	8:00	
5	Mon	3:34	9.6	4:00	10.2	9:43	0.0	10:18	0.1	5:34	7:59	
6	Tue	4:28	9.3	4:53	10.2	10:34	0.2	11:16	0.1	5:35	7:57	
7	Wed	5:27	9.0	5:51	10.2	11:30	0.4			5:37	7:56	
8	Thu	6:32	8.8	6:54	10.3	12:18	0.2	12:31	0.6	5:38	7:55	
9	Fri	7:40	8.7	8:01	10.4	1:25	0.1	1:37	0.6	5:39	7:53	
10	Sat	8:48	8.9	9:05	10.7	2:33	-0.1	2:43	0.5	5:40	7:52	
11	Sun	9:49	9.3	10:05	10.9	3:35	-0.5	3:45	0.2	5:41	7:50	
12	Mon	10:45	9.6	11:00	11.1	4:31	-0.8	4:42	-0.1	5:42	7:49	
13	Tue	11:37	10.0	11:53	11.0	5:23	-1.0	5:36	-0.3	5:43	7:47	
14	Wed			12:26	10.2	6:12	-1.0	6:27	-0.4	5:44	7:46	
15	Thu	12:42	10.9	1:12	10.2	6:57	-0.8	7:16	-0.4	5:45	7:44	
16	Fri	1:30	10.5	1:56	10.2	7:41	-0.5	8:03	-0.2	5:47	7:43	
17	Sat	2:16	10.0	2:40	10.0	8:24	-0.1	8:51	0.2	5:48	7:41	
18	Sun	3:03	9.5	3:25	9.7	9:08	0.4	9:40	0.5	5:49	7:40	
19	Mon	3:52	8.9	4:12	9.4	9:53	0.9	10:31	0.9	5:50	7:38	
20	Tue	4:43	8.4	5:02	9.1	10:41	1.4	11:25	1.2	5:51	7:37	
21	Wed	5:38	8.0	5:55	8.9	11:32	1.7			5:52	7:35	
22	Thu	6:35	7.8	6:51	8.8	12:22	1.4	12:26	2.0	5:53	7:33	
23	Fri	7:34	7.7	7:48	8.8	1:22	1.5	1:25	2.0	5:54	7:32	
24	Sat	8:30	7.8	8:42	9.1	2:20	1.4	2:22	1.9	5:56	7:30	
25	Sun	9:21	8.1	9:31	9.3	3:11	1.1	3:13	1.6	5:57	7:28	
26	Mon	10:05	8.5	10:14	9.7	3:55	0.7	3:58	1.2	5:58	7:27	
27	Tue	10:46	8.9	10:56	9.9	4:34	0.4	4:40	0.8	5:59	7:25	
28	Wed	11:24	9.3	11:36	10.1	5:11	0.1	5:21	0.4	6:00	7:23	
29	Thu			12:02	9.7	5:48	-0.2	6:02	0.0	6:01	7:22	
30	Fri	12:16	10.3	12:39	10.1	6:26	-0.4	6:44	-0.3	6:02	7:20	
31	Sat	12:57	10.3	1:18	10.4	7:05	-0.4	7:28	-0.5	6:03	7:18	