US HARBORS www.USHarbors.com

Portland, ME - Nov 2030

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**3:52**	9.5	**4:07**	10.4	**9:49**	0.4	**10:34**	-0.4	7:17	5:32	
2	Sat	**4:57**	9.3	**5:15**	10.0	**10:55**	0.7	**11:39**	-0.1	7:18	5:30	
3	Sun	**5:02**	9.3	**5:22**	9.6	**11:04**	0.8	**11:43**	0.2	6:19	4:29	
4	Mon	**6:06**	9.4	**6:29**	9.4			**12:14**	0.7	6:20	4:28	
5	Tue	**7:06**	9.6	**7:32**	9.4	**12:46**	0.4	**1:19**	0.5	6:22	4:26	
6	Wed	**8:00**	9.8	**8:28**	9.3	**1:43**	0.4	**2:17**	0.2	6:23	4:25	
7	Thu	**8:48**	10.0	**9:18**	9.3	**2:34**	0.5	**3:07**	0.0	6:24	4:24	
8	Fri	**9:32**	10.1	**10:04**	9.3	**3:19**	0.5	**3:53**	-0.2	6:26	4:23	
9	Sat	**10:13**	10.1	**10:46**	9.2	**4:01**	0.7	**4:34**	-0.2	6:27	4:22	
10	Sun	**10:51**	10.0	**11:26**	9.0	**4:39**	0.8	**5:13**	-0.2	6:28	4:21	
11	Mon	**11:28**	9.9			**5:16**	1.0	**5:51**	0.0	6:30	4:19	
12	Tue	**12:04**	8.9	**12:04**	9.8	**5:53**	1.1	**6:27**	0.2	6:31	4:18	
13	Wed	**12:42**	8.7	**12:41**	9.6	**6:29**	1.3	**7:04**	0.4	6:32	4:17	
14	Thu	**1:20**	8.5	**1:19**	9.4	**7:08**	1.5	**7:43**	0.6	6:34	4:16	
15	Fri	**2:01**	8.3	**2:01**	9.1	**7:49**	1.6	**8:26**	0.8	6:35	4:15	
16	Sat	**2:45**	8.2	**2:47**	8.9	**8:35**	1.8	**9:11**	0.9	6:36	4:14	
17	Sun	**3:32**	8.2	**3:37**	8.7	**9:25**	1.8	**9:58**	1.0	6:37	4:14	
18	Mon	**4:20**	8.3	**4:30**	8.7	**10:18**	1.7	**10:47**	1.0	6:39	4:13	
19	Tue	**5:10**	8.6	**5:26**	8.7	**11:13**	1.5	**11:38**	0.9	6:40	4:12	
20	Wed	**6:00**	9.0	**6:24**	8.8			**12:11**	1.0	6:41	4:11	
21	Thu	**6:52**	9.5	**7:21**	9.0	**12:31**	0.7	**1:08**	0.5	6:42	4:10	
22	Fri	**7:42**	10.1	**8:16**	9.4	**1:24**	0.4	**2:03**	-0.2	6:44	4:10	
23	Sat	**8:32**	10.8	**9:09**	9.7	**2:16**	0.1	**2:55**	-0.9	6:45	4:09	
24	Sun	**9:21**	11.3	**10:01**	10.0	**3:06**	-0.3	**3:47**	-1.4	6:46	4:08	
25	Mon	**10:12**	11.7	**10:53**	10.2	**3:57**	-0.5	**4:38**	-1.7	6:47	4:08	
26	Tue	**11:04**	11.8	**11:47**	10.2	**4:49**	-0.7	**5:31**	-1.9	6:49	4:07	
27	Wed	**11:57**	11.8			**5:42**	-0.7	**6:24**	-1.8	6:50	4:07	
28	Thu	**12:41**	10.2	**12:52**	11.5	**6:36**	-0.5	**7:18**	-1.5	6:51	4:06	
29	Fri	**1:37**	10.0	**1:50**	11.0	**7:33**	-0.2	**8:15**	-1.1	6:52	4:06	
30	Sat	**2:36**	9.8	**2:51**	10.4	**8:34**	0.1	**9:14**	-0.6	6:53	4:05	