US HARBORS www.USHarbors.com

Portland, ME - Mar 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	4:34	8.7	5:16	7.7	11:01	1.1	11:10	1.8	6:17	5:29	
2	Sun	5:32	8.5	6:17	7.6			12:03	1.3	6:15	5:30	
3	Mon	6:33	8.5	7:17	7.7	12:12	1.9	1:05	1.2	6:13	5:31	
4	Tue	7:31	8.6	8:10	8.0	1:14	1.8	2:00	1.0	6:12	5:33	
5	Wed	8:22	8.9	8:56	8.3	2:08	1.5	2:45	0.7	6:10	5:34	
6	Thu	9:07	9.2	9:37	8.7	2:54	1.1	3:25	0.4	6:08	5:35	
7	Fri	9:49	9.5	10:14	9.1	3:35	0.7	4:01	0.1	6:07	5:36	
8	Sat	10:27	9.7	10:49	9.5	4:13	0.3	4:36	-0.1	6:05	5:38	
9	Sun			12:05	9.8	5:51	-0.1	6:11	-0.3	7:03	6:39	
10	Mon	12:24	9.9	12:43	9.9	6:29	-0.4	6:47	-0.4	7:01	6:40	
11	Tue	12:59	10.1	1:22	9.9	7:09	-0.6	7:25	-0.4	7:00	6:41	
12	Wed	1:36	10.3	2:03	9.7	7:51	-0.7	8:06	-0.3	6:58	6:43	
13	Thu	2:17	10.4	2:49	9.5	8:36	-0.7	8:51	-0.1	6:56	6:44	
14	Fri	3:04	10.3	3:40	9.2	9:27	-0.5	9:43	0.2	6:54	6:45	
15	Sat	3:57	10.1	4:39	8.8	10:24	-0.3	10:40	0.5	6:52	6:46	
16	Sun	4:57	9.9	5:44	8.6	11:26	-0.1	11:43	0.7	6:51	6:48	
17	Mon	6:04	9.7	6:54	8.6			12:33	0.1	6:49	6:49	
18	Tue	7:15	9.7	8:04	8.9	12:53	0.7	1:43	0.0	6:47	6:50	
19	Wed	8:25	9.9	9:07	9.3	2:04	0.5	2:49	-0.3	6:45	6:51	
20	Thu	9:28	10.2	10:02	9.8	3:10	0.1	3:46	-0.6	6:43	6:52	
21	Fri	10:24	10.4	10:52	10.3	4:08	-0.4	4:38	-0.8	6:42	6:54	
22	Sat	11:15	10.5	11:39	10.6	5:00	-0.8	5:25	-0.9	6:40	6:55	
23	Sun			12:04	10.5	5:49	-1.0	6:10	-0.8	6:38	6:56	
24	Mon	12:23	10.6	12:50	10.3	6:36	-1.1	6:52	-0.5	6:36	6:57	
25	Tue	1:05	10.6	1:34	9.9	7:20	-0.9	7:33	-0.1	6:34	6:59	
26	Wed	1:46	10.3	2:17	9.5	8:03	-0.6	8:14	0.3	6:33	7:00	
27	Thu	2:27	10.0	3:01	9.0	8:46	-0.2	8:56	0.8	6:31	7:01	
28	Fri	3:10	9.5	3:49	8.5	9:32	0.3	9:42	1.2	6:29	7:02	
29	Sat	3:57	9.1	4:40	8.1	10:22	0.7	10:32	1.6	6:27	7:03	
30	Sun	4:49	8.7	5:34	7.9	11:15	1.1	11:26	1.9	6:25	7:05	
31	Mon	5:45	8.5	6:32	7.8			12:11	1.3	6:24	7:06	