

































Portland, ME - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	8:16	8.8	8:35	10.5	2:05	0.3	2:14	0.6	5:03	8:26	
2	Wed	9:16	9.1	9:31	11.0	3:04	-0.2	3:12	0.3	5:03	8:26	
3	Thu	10:14	9.5	10:27	11.4	4:01	-0.8	4:09	-0.1	5:04	8:26	
4	Fri	11:10	9.8	11:23	11.7	4:56	-1.2	5:05	-0.4	5:05	8:25	
5	Sat			12:06	10.2	5:50	-1.6	6:01	-0.6	5:05	8:25	
6	Sun	12:18	11.8	1:00	10.4	6:43	-1.8	6:57	-0.7	5:06	8:25	
7	Mon	1:13	11.8	1:54	10.6	7:36	-1.7	7:53	-0.7	5:07	8:24	
8	Tue	2:08	11.4	2:48	10.6	8:28	-1.5	8:50	-0.5	5:07	8:24	
9	Wed	3:05	10.9	3:43	10.5	9:22	-1.1	9:49	-0.2	5:08	8:24	
10	Thu	4:03	10.3	4:39	10.3	10:16	-0.5	10:50	0.1	5:09	8:23	
11	Fri	5:03	9.7	5:36	10.1	11:12	0.0	11:53	0.4	5:10	8:23	
12	Sat	6:04	9.1	6:33	9.9			12:09	0.6	5:10	8:22	
13	Sun	7:06	8.7	7:30	9.7	12:56	0.6	1:07	1.0	5:11	8:21	
14	Mon	8:08	8.4	8:27	9.7	1:59	0.6	2:06	1.3	5:12	8:21	
15	Tue	9:06	8.4	9:19	9.7	2:57	0.6	3:02	1.4	5:13	8:20	
16	Wed	9:57	8.4	10:07	9.7	3:49	0.5	3:51	1.4	5:14	8:19	
17	Thu	10:44	8.5	10:50	9.8	4:36	0.4	4:36	1.3	5:15	8:19	
18	Fri	11:27	8.6	11:31	9.8	5:18	0.3	5:17	1.2	5:16	8:18	
19	Sat			12:07	8.7	5:56	0.2	5:56	1.1	5:17	8:17	
20	Sun	12:10	9.9	12:44	8.9	6:31	0.2	6:33	1.1	5:17	8:16	
21	Mon	12:46	9.8	1:19	9.0	7:05	0.2	7:09	1.0	5:18	8:15	
22	Tue	1:21	9.7	1:53	9.1	7:37	0.2	7:46	1.0	5:19	8:15	
23	Wed	1:57	9.6	2:27	9.2	8:11	0.2	8:24	0.9	5:20	8:14	
24	Thu	2:34	9.4	3:02	9.3	8:46	0.3	9:06	0.9	5:21	8:13	
25	Fri	3:14	9.2	3:42	9.4	9:26	0.4	9:52	0.8	5:22	8:12	
26	Sat	3:59	9.0	4:26	9.5	10:09	0.5	10:41	0.8	5:23	8:11	
27	Sun	4:49	8.8	5:15	9.7	10:56	0.7	11:36	0.7	5:24	8:10	
28	Mon	5:45	8.6	6:09	9.9	11:49	0.7			5:25	8:09	
29	Tue	6:45	8.6	7:08	10.2	12:35	0.5	12:47	0.7	5:27	8:07	
30	Wed	7:51	8.7	8:11	10.5	1:38	0.2	1:49	0.6	5:28	8:06	
31	Thu	8:55	9.0	9:13	10.9	2:42	-0.2	2:52	0.3	5:29	8:05	