US HARBORS www.USHarbors.com

Portland, ME - Jul 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	**8:16**	8.8	**8:35**	10.5	**2:05**	0.3	**2:14**	0.6	5:03	8:26	
2	Wed	**9:16**	9.1	**9:31**	11.0	**3:04**	-0.2	**3:12**	0.3	5:03	8:26	
3	Thu	**10:14**	9.5	**10:27**	11.4	**4:01**	-0.8	**4:09**	-0.1	5:04	8:26	
4	Fri	**11:10**	9.8	**11:23**	11.7	**4:56**	-1.2	**5:05**	-0.4	5:05	8:25	
5	Sat			**12:06**	10.2	**5:50**	-1.6	**6:01**	-0.6	5:05	8:25	
6	Sun	**12:18**	11.8	**1:00**	10.4	**6:43**	-1.8	**6:57**	-0.7	5:06	8:25	
7	Mon	**1:13**	11.8	**1:54**	10.6	**7:36**	-1.7	**7:53**	-0.7	5:07	8:24	
8	Tue	**2:08**	11.4	**2:48**	10.6	**8:28**	-1.5	**8:50**	-0.5	5:07	8:24	
9	Wed	**3:05**	10.9	**3:43**	10.5	**9:22**	-1.1	**9:49**	-0.2	5:08	8:24	
10	Thu	**4:03**	10.3	**4:39**	10.3	**10:16**	-0.5	**10:50**	0.1	5:09	8:23	
11	Fri	**5:03**	9.7	**5:36**	10.1	**11:12**	0.0	**11:53**	0.4	5:10	8:23	
12	Sat	**6:04**	9.1	**6:33**	9.9			**12:09**	0.6	5:10	8:22	
13	Sun	**7:06**	8.7	**7:30**	9.7	**12:56**	0.6	**1:07**	1.0	5:11	8:21	
14	Mon	**8:08**	8.4	**8:27**	9.7	**1:59**	0.6	**2:06**	1.3	5:12	8:21	
15	Tue	**9:06**	8.4	**9:19**	9.7	**2:57**	0.6	**3:02**	1.4	5:13	8:20	
16	Wed	**9:57**	8.4	**10:07**	9.7	**3:49**	0.5	**3:51**	1.4	5:14	8:19	
17	Thu	**10:44**	8.5	**10:50**	9.8	**4:36**	0.4	**4:36**	1.3	5:15	8:19	
18	Fri	**11:27**	8.6	**11:31**	9.8	**5:18**	0.3	**5:17**	1.2	5:16	8:18	
19	Sat			**12:07**	8.7	**5:56**	0.2	**5:56**	1.1	5:17	8:17	
20	Sun	**12:10**	9.9	**12:44**	8.9	**6:31**	0.2	**6:33**	1.1	5:17	8:16	
21	Mon	**12:46**	9.8	**1:19**	9.0	**7:05**	0.2	**7:09**	1.0	5:18	8:15	
22	Tue	**1:21**	9.7	**1:53**	9.1	**7:37**	0.2	**7:46**	1.0	5:19	8:15	
23	Wed	**1:57**	9.6	**2:27**	9.2	**8:11**	0.2	**8:24**	0.9	5:20	8:14	
24	Thu	**2:34**	9.4	**3:02**	9.3	**8:46**	0.3	**9:06**	0.9	5:21	8:13	
25	Fri	**3:14**	9.2	**3:42**	9.4	**9:26**	0.4	**9:52**	0.8	5:22	8:12	
26	Sat	**3:59**	9.0	**4:26**	9.5	**10:09**	0.5	**10:41**	0.8	5:23	8:11	
27	Sun	**4:49**	8.8	**5:15**	9.7	**10:56**	0.7	**11:36**	0.7	5:24	8:10	
28	Mon	**5:45**	8.6	**6:09**	9.9	**11:49**	0.7			5:25	8:09	
29	Tue	**6:45**	8.6	**7:08**	10.2	**12:35**	0.5	**12:47**	0.7	5:27	8:07	
30	Wed	**7:51**	8.7	**8:11**	10.5	**1:38**	0.2	**1:49**	0.6	5:28	8:06	
31	Thu	**8:55**	9.0	**9:13**	10.9	**2:42**	-0.2	**2:52**	0.3	5:29	8:05	