US HARBORS www.USHarbors.com

Portland, ME - Aug 2031

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	**9:55**	9.5	**10:12**	11.3	**3:42**	-0.7	**3:52**	-0.2	5:30	8:04	
2	Sat	**10:52**	10.0	**11:08**	11.6	**4:38**	-1.2	**4:50**	-0.5	5:31	8:03	
3	Sun	**11:47**	10.4			**5:32**	-1.5	**5:46**	-0.8	5:32	8:02	
4	Mon	**12:04**	11.7	**12:40**	10.7	**6:24**	-1.6	**6:41**	-1.0	5:33	8:00	
5	Tue	**12:58**	11.6	**1:31**	10.8	**7:15**	-1.6	**7:35**	-1.0	5:34	7:59	
6	Wed	**1:51**	11.2	**2:22**	10.8	**8:05**	-1.3	**8:29**	-0.7	5:35	7:58	
7	Thu	**2:44**	10.7	**3:14**	10.6	**8:55**	-0.8	**9:25**	-0.4	5:36	7:56	
8	Fri	**3:39**	10.0	**4:07**	10.3	**9:47**	-0.2	**10:23**	0.0	5:37	7:55	
9	Sat	**4:37**	9.4	**5:02**	9.9	**10:40**	0.4	**11:23**	0.4	5:38	7:54	
10	Sun	**5:35**	8.8	**5:58**	9.6	**11:36**	0.9			5:40	7:52	
11	Mon	**6:36**	8.4	**6:56**	9.3	**12:24**	0.8	**12:34**	1.3	5:41	7:51	
12	Tue	**7:37**	8.2	**7:55**	9.2	**1:26**	1.0	**1:34**	1.6	5:42	7:49	
13	Wed	**8:35**	8.1	**8:50**	9.3	**2:27**	1.0	**2:32**	1.6	5:43	7:48	
14	Thu	**9:28**	8.2	**9:39**	9.4	**3:20**	0.8	**3:24**	1.5	5:44	7:46	
15	Fri	**10:14**	8.4	**10:24**	9.6	**4:07**	0.7	**4:10**	1.3	5:45	7:45	
16	Sat	**10:56**	8.7	**11:05**	9.7	**4:48**	0.5	**4:51**	1.1	5:46	7:43	
17	Sun	**11:35**	8.9	**11:43**	9.8	**5:25**	0.3	**5:29**	0.9	5:47	7:42	
18	Mon			**12:12**	9.1	**5:59**	0.2	**6:06**	0.7	5:49	7:40	
19	Tue	**12:20**	9.8	**12:45**	9.3	**6:32**	0.2	**6:42**	0.6	5:50	7:39	
20	Wed	**12:55**	9.8	**1:18**	9.5	**7:04**	0.1	**7:18**	0.5	5:51	7:37	
21	Thu	**1:30**	9.7	**1:51**	9.6	**7:38**	0.2	**7:57**	0.4	5:52	7:35	
22	Fri	**2:07**	9.5	**2:27**	9.7	**8:14**	0.3	**8:38**	0.3	5:53	7:34	
23	Sat	**2:48**	9.3	**3:07**	9.8	**8:54**	0.4	**9:24**	0.3	5:54	7:32	
24	Sun	**3:34**	9.1	**3:54**	9.9	**9:39**	0.5	**10:15**	0.4	5:55	7:30	
25	Mon	**4:26**	8.8	**4:47**	9.9	**10:30**	0.7	**11:12**	0.4	5:56	7:29	
26	Tue	**5:23**	8.7	**5:45**	10.0	**11:26**	0.8			5:58	7:27	
27	Wed	**6:27**	8.6	**6:49**	10.1	**12:13**	0.4	**12:27**	0.8	5:59	7:25	
28	Thu	**7:34**	8.8	**7:56**	10.3	**1:19**	0.2	**1:33**	0.6	6:00	7:24	
29	Fri	**8:40**	9.2	**9:00**	10.7	**2:25**	-0.1	**2:39**	0.2	6:01	7:22	
30	Sat	**9:40**	9.7	**10:00**	11.0	**3:26**	-0.6	**3:41**	-0.2	6:02	7:20	
31	Sun	**10:36**	10.2	**10:55**	11.3	**4:21**	-1.0	**4:38**	-0.7	6:03	7:19	