US HARBORS www.USHarbors.com

Portland, ME - Jan 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:06	8.8	1:09	9.4	6:58	1.0	7:26	0.2	7:14	4:14	
2	Fri	1:42	8.7	1:47	9.1	7:37	1.1	8:03	0.4	7:14	4:15	
3	Sat	2:21	8.7	2:28	8.8	8:19	1.2	8:42	0.6	7:14	4:16	
4	Sun	3:01	8.7	3:14	8.5	9:05	1.2	9:25	0.8	7:14	4:17	
5	Mon	3:45	8.7	4:04	8.3	9:54	1.2	10:12	0.9	7:14	4:18	
6	Tue	4:33	8.8	4:58	8.1	10:47	1.2	11:02	1.0	7:14	4:19	
7	Wed	5:24	9.0	5:56	8.1	11:44	0.9	11:57	1.0	7:14	4:20	
8	Thu	6:19	9.4	6:58	8.3			12:45	0.6	7:13	4:21	
9	Fri	7:16	9.8	7:58	8.6	12:55	0.8	1:44	0.0	7:13	4:22	
10	Sat	8:12	10.4	8:54	9.1	1:53	0.4	2:40	-0.6	7:13	4:23	
11	Sun	9:07	10.9	9:47	9.6	2:49	-0.1	3:33	-1.2	7:13	4:24	
12	Mon	10:00	11.4	10:40	10.1	3:42	-0.5	4:25	-1.7	7:12	4:25	
13	Tue	10:53	11.7	11:32	10.4	4:36	-0.9	5:16	-2.0	7:12	4:26	
14	Wed	11:46	11.7			5:30	-1.2	6:06	-2.1	7:11	4:28	
15	Thu	12:23	10.7	12:39	11.5	6:23	-1.3	6:57	-1.9	7:11	4:29	
16	Fri	1:15	10.7	1:33	11.1	7:18	-1.1	7:49	-1.6	7:10	4:30	
17	Sat	2:08	10.6	2:30	10.5	8:15	-0.9	8:43	-1.0	7:10	4:31	
18	Sun	3:04	10.4	3:30	9.8	9:15	-0.5	9:39	-0.4	7:09	4:32	
19	Mon	4:02	10.1	4:33	9.2	10:18	-0.1	10:38	0.2	7:09	4:34	
20	Tue	5:02	9.8	5:38	8.7	11:23	0.2	11:40	0.6	7:08	4:35	
21	Wed	6:04	9.5	6:44	8.4			12:31	0.3	7:07	4:36	
22	Thu	7:05	9.4	7:46	8.3	12:44	0.9	1:35	0.3	7:06	4:38	
23	Fri	8:02	9.5	8:41	8.4	1:45	1.0	2:31	0.2	7:06	4:39	
24	Sat	8:53	9.6	9:30	8.5	2:38	1.0	3:20	0.1	7:05	4:40	
25	Sun	9:39	9.7	10:13	8.7	3:25	0.9	4:04	0.0	7:04	4:42	
26	Mon	10:21	9.7	10:53	8.8	4:08	0.7	4:43	-0.1	7:03	4:43	
27	Tue	10:59	9.8	11:30	8.9	4:46	0.6	5:18	-0.2	7:02	4:44	
28	Wed	11:35	9.7			5:23	0.6	5:51	-0.1	7:01	4:46	
29	Thu	12:04	9.0	12:10	9.6	5:58	0.5	6:23	-0.1	7:00	4:47	
30	Fri	12:37	9.0	12:44	9.5	6:32	0.5	6:55	0.0	6:59	4:48	
31	Sat	1:09	9.1	1:19	9.2	7:09	0.6	7:29	0.2	6:58	4:50	