US HARBORS www.USHarbors.com

Portland, ME - Jul 2032

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	6:22	9.5	6:54	10.3	12:09	0.1	12:28	0.1	5:03	8:26	
2	Fri	7:28	9.1	7:54	10.3	1:15	0.2	1:30	0.5	5:04	8:26	
3	Sat	8:32	9.0	8:52	10.3	2:20	0.1	2:31	0.7	5:04	8:25	
4	Sun	9:31	8.9	9:45	10.3	3:20	0.0	3:27	0.8	5:05	8:25	
5	Mon	10:24	9.0	10:35	10.3	4:14	-0.1	4:18	0.8	5:06	8:25	
6	Tue	11:13	9.0	11:21	10.3	5:02	-0.2	5:06	0.8	5:06	8:24	
7	Wed	11:59	9.0			5:47	-0.2	5:50	0.9	5:07	8:24	
8	Thu	12:04	10.2	12:41	9.0	6:28	-0.1	6:31	0.9	5:08	8:24	
9	Fri	12:44	10.1	1:20	9.0	7:06	0.0	7:10	1.0	5:09	8:23	
10	Sat	1:23	9.9	1:57	9.0	7:42	0.1	7:49	1.1	5:09	8:23	
11	Sun	2:00	9.7	2:34	9.0	8:18	0.3	8:29	1.2	5:10	8:22	
12	Mon	2:39	9.4	3:12	9.0	8:54	0.4	9:10	1.3	5:11	8:22	
13	Tue	3:19	9.1	3:52	9.0	9:32	0.6	9:54	1.3	5:12	8:21	
14	Wed	4:03	8.8	4:34	9.0	10:13	0.9	10:41	1.4	5:13	8:20	
15	Thu	4:50	8.5	5:18	9.1	10:56	1.0	11:30	1.4	5:14	8:20	
16	Fri	5:40	8.3	6:05	9.2	11:42	1.2			5:14	8:19	
17	Sat	6:34	8.2	6:56	9.4	12:23	1.2	12:33	1.3	5:15	8:18	
18	Sun	7:32	8.2	7:51	9.7	1:20	1.0	1:28	1.2	5:16	8:17	
19	Mon	8:31	8.4	8:46	10.2	2:19	0.6	2:25	0.9	5:17	8:17	
20	Tue	9:27	8.8	9:40	10.7	3:15	0.1	3:21	0.6	5:18	8:16	
21	Wed	10:21	9.3	10:33	11.1	4:07	-0.5	4:15	0.1	5:19	8:15	
22	Thu	11:13	9.8	11:26	11.5	4:59	-1.0	5:08	-0.3	5:20	8:14	
23	Fri			12:05	10.2	5:50	-1.4	6:02	-0.7	5:21	8:13	
24	Sat	12:19	11.7	12:57	10.6	6:40	-1.6	6:56	-0.9	5:22	8:12	
25	Sun	1:12	11.6	1:48	10.8	7:31	-1.7	7:51	-1.0	5:23	8:11	
26	Mon	2:06	11.4	2:40	10.9	8:22	-1.5	8:46	-0.8	5:24	8:10	
27	Tue	3:01	10.9	3:35	10.8	9:14	-1.1	9:45	-0.6	5:25	8:09	
28	Wed	4:00	10.4	4:32	10.6	10:09	-0.6	10:47	-0.3	5:26	8:08	
29	Thu	5:01	9.8	5:31	10.4	11:07	-0.1	11:50	0.0	5:27	8:07	
30	Fri	6:04	9.3	6:31	10.1			12:06	0.4	5:28	8:05	
31	Sat	7:09	8.9	7:33	10.0	12:56	0.2	1:09	0.8	5:29	8:04	