



## Portland, ME - Mar 2023

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	10:38	11.4	11:07	11.0	4:21	-1.3	4:52	-1.8	6:16	5:29	☀
2	Wed	11:29	11.5	11:56	11.3	5:13	-1.8	5:41	-2.0	6:14	5:31	☀
3	Thu			12:21	11.4	6:05	-1.9	6:30	-1.8	6:13	5:32	☀
4	Fri	12:45	11.4	1:13	11.0	6:57	-1.9	7:20	-1.4	6:11	5:33	☀
5	Sat	1:36	11.2	2:08	10.4	7:51	-1.5	8:12	-0.9	6:09	5:35	☀
6	Sun	2:30	10.8	3:07	9.8	8:49	-1.0	9:09	-0.2	6:07	5:36	☀
7	Mon	3:29	10.3	4:10	9.2	9:51	-0.5	10:10	0.4	6:06	5:37	☀
8	Tue	4:31	9.8	5:15	8.7	10:56	0.0	11:15	0.9	6:04	5:38	☀
9	Wed	5:37	9.4	6:23	8.5			12:05	0.3	6:02	5:40	☀
10	Thu	6:44	9.2	7:27	8.5	12:24	1.1	1:12	0.4	6:00	5:41	☀
11	Fri	7:46	9.2	8:23	8.6	1:30	1.1	2:11	0.4	5:59	5:42	☀
12	Sat	8:40	9.3	9:12	8.9	2:27	0.9	3:01	0.3	5:57	5:43	☀
13	Sun	10:27	9.4	10:55	9.1	4:16	0.6	4:45	0.2	6:55	6:45	☀
14	Mon	11:10	9.5	11:33	9.3	4:59	0.4	5:23	0.1	6:53	6:46	☀
15	Tue	11:49	9.6			5:38	0.3	5:58	0.1	6:51	6:47	☀
16	Wed	12:08	9.4	12:25	9.5	6:14	0.1	6:30	0.2	6:50	6:48	☀
17	Thu	12:42	9.5	1:00	9.4	6:47	0.1	7:01	0.3	6:48	6:49	☀
18	Fri	1:13	9.5	1:34	9.2	7:21	0.1	7:33	0.4	6:46	6:51	☀
19	Sat	1:45	9.5	2:08	9.0	7:55	0.2	8:06	0.6	6:44	6:52	☀
20	Sun	2:17	9.4	2:45	8.8	8:32	0.3	8:43	0.8	6:43	6:53	☀
21	Mon	2:54	9.3	3:25	8.5	9:12	0.4	9:25	1.0	6:41	6:54	☀
22	Tue	3:36	9.2	4:12	8.3	9:58	0.5	10:12	1.2	6:39	6:56	☀
23	Wed	4:24	9.2	5:05	8.2	10:49	0.6	11:05	1.3	6:37	6:57	☀
24	Thu	5:19	9.1	6:03	8.2	11:46	0.6			6:35	6:58	☀
25	Fri	6:20	9.2	7:06	8.5	12:03	1.2	12:47	0.5	6:33	6:59	☀
26	Sat	7:25	9.5	8:09	9.0	1:07	0.9	1:50	0.2	6:32	7:00	☀
27	Sun	8:30	9.9	9:08	9.6	2:12	0.4	2:50	-0.3	6:30	7:02	☀
28	Mon	9:29	10.4	10:01	10.3	3:13	-0.3	3:45	-0.9	6:28	7:03	☀
29	Tue	10:25	10.9	10:53	11.0	4:10	-1.0	4:37	-1.3	6:26	7:04	☀
30	Wed	11:19	11.2	11:43	11.5	5:03	-1.6	5:28	-1.6	6:24	7:05	☀
31	Thu			12:12	11.3	5:56	-2.0	6:18	-1.6	6:23	7:06	☀