US HARBORS www.USHarbors.com

Portland, ME - Jan 2039

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:51	8.9	4:05	8.9	9:53	1.1	10:22	0.6	7:14	4:14	
2	Sun	4:44	8.7	5:03	8.4	10:53	1.3	11:15	1.0	7:14	4:15	
3	Mon	5:38	8.7	6:03	8.1	11:54	1.3			7:14	4:16	
4	Tue	6:31	8.7	7:02	7.9	12:09	1.3	12:54	1.2	7:14	4:17	
5	Wed	7:22	8.9	7:57	7.9	1:03	1.5	1:49	1.0	7:14	4:18	
6	Thu	8:09	9.1	8:46	8.1	1:53	1.5	2:38	0.7	7:14	4:19	
7	Fri	8:53	9.3	9:31	8.2	2:38	1.4	3:21	0.4	7:13	4:20	
8	Sat	9:34	9.5	10:13	8.3	3:20	1.3	4:01	0.2	7:13	4:21	
9	Sun	10:14	9.7	10:53	8.5	3:59	1.2	4:39	0.0	7:13	4:22	
10	Mon	10:52	9.9	11:31	8.6	4:37	1.0	5:16	-0.2	7:13	4:23	
11	Tue	11:30	10.0			5:15	0.8	5:53	-0.3	7:12	4:24	
12	Wed	12:08	8.7	12:08	10.1	5:54	0.7	6:30	-0.4	7:12	4:26	
13	Thu	12:45	8.8	12:47	10.1	6:35	0.6	7:09	-0.5	7:12	4:27	
14	Fri	1:24	9.0	1:29	10.0	7:18	0.5	7:51	-0.5	7:11	4:28	
15	Sat	2:06	9.1	2:16	9.8	8:06	0.4	8:36	-0.4	7:11	4:29	
16	Sun	2:53	9.3	3:09	9.5	8:58	0.4	9:26	-0.2	7:10	4:30	
17	Mon	3:44	9.5	4:07	9.2	9:55	0.3	10:19	0.0	7:10	4:32	
18	Tue	4:39	9.7	5:09	8.9	10:56	0.2	11:16	0.2	7:09	4:33	
19	Wed	5:37	9.8	6:16	8.8			12:02	0.0	7:08	4:34	
20	Thu	6:40	10.0	7:25	8.8	12:18	0.4	1:09	-0.2	7:08	4:35	
21	Fri	7:43	10.3	8:29	9.0	1:22	0.4	2:13	-0.6	7:07	4:37	
22	Sat	8:42	10.6	9:27	9.2	2:23	0.2	3:12	-1.0	7:06	4:38	
23	Sun	9:38	10.9	10:22	9.4	3:21	0.0	4:07	-1.2	7:05	4:39	
24	Mon	10:32	11.0	11:14	9.6	4:15	-0.2	4:59	-1.3	7:05	4:41	
25	Tue	11:23	11.0			5:07	-0.2	5:48	-1.3	7:04	4:42	
26	Wed	12:03	9.6	12:12	10.7	5:57	-0.2	6:34	-1.1	7:03	4:43	
27	Thu	12:49	9.5	12:59	10.4	6:45	0.0	7:19	-0.7	7:02	4:45	
28	Fri	1:34	9.4	1:46	9.8	7:33	0.2	8:03	-0.2	7:01	4:46	
29	Sat	2:20	9.2	2:34	9.3	8:22	0.5	8:48	0.3	7:00	4:47	
30	Sun	3:06	9.0	3:25	8.7	9:13	0.8	9:34	0.8	6:59	4:49	
31	Mon	3:54	8.8	4:18	8.2	10:07	1.1	10:22	1.2	6:58	4:50	