US HARBORS www.USHarbors.com

# Portland, ME - Jan 2040

| Date | | High | | | | Low | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | AM | ft | PM | ft | AM | ft | PM | ft | Rise | Set | Moon |
| 1 | Sun | 12:09 | 8.4 | 12:06 | 9.6 | 5:53 | 1.2 | 6:30 | 0.1 | 7:14 | 4:14 | |
| 2 | Mon | 12:45 | 8.4 | 12:41 | 9.6 | 6:29 | 1.2 | 7:05 | 0.1 | 7:14 | 4:15 | |
| 3 | Tue | 1:20 | 8.4 | 1:18 | 9.4 | 7:07 | 1.2 | 7:41 | 0.2 | 7:14 | 4:16 | |
| 4 | Wed | 1:57 | 8.4 | 1:58 | 9.2 | 7:48 | 1.3 | 8:21 | 0.3 | 7:14 | 4:17 | |
| 5 | Thu | 2:37 | 8.5 | 2:43 | 9.0 | 8:34 | 1.2 | 9:03 | 0.4 | 7:14 | 4:18 | |
| 6 | Fri | 3:21 | 8.6 | 3:32 | 8.8 | 9:23 | 1.2 | 9:49 | 0.5 | 7:14 | 4:19 | |
| 7 | Sat | 4:08 | 8.9 | 4:27 | 8.6 | 10:17 | 1.0 | 10:39 | 0.6 | 7:14 | 4:20 | |
| 8 | Sun | 4:58 | 9.2 | 5:26 | 8.5 | 11:15 | 0.7 | 11:33 | 0.6 | 7:13 | 4:21 | |
| 9 | Mon | 5:53 | 9.5 | 6:30 | 8.5 | | | 12:17 | 0.4 | 7:13 | 4:22 | |
| 10 | Tue | 6:52 | 10.0 | 7:35 | 8.7 | 12:31 | 0.6 | 1:21 | -0.1 | 7:13 | 4:23 | |
| 11 | Wed | 7:51 | 10.4 | 8:36 | 9.0 | 1:32 | 0.4 | 2:22 | -0.7 | 7:12 | 4:24 | |
| 12 | Thu | 8:48 | 10.9 | 9:34 | 9.3 | 2:31 | 0.1 | 3:19 | -1.2 | 7:12 | 4:25 | |
| 13 | Fri | 9:44 | 11.3 | 10:30 | 9.6 | 3:27 | -0.2 | 4:15 | -1.6 | 7:12 | 4:26 | |
| 14 | Sat | 10:40 | 11.5 | 11:25 | 9.8 | 4:23 | -0.5 | 5:09 | -1.8 | 7:11 | 4:28 | |
| 15 | Sun | 11:35 | 11.5 | | | 5:18 | -0.6 | 6:02 | -1.8 | 7:11 | 4:29 | |
| 16 | Mon | 12:18 | 9.9 | 12:29 | 11.3 | 6:12 | -0.6 | 6:53 | -1.6 | 7:10 | 4:30 | |
| 17 | Tue | 1:10 | 9.9 | 1:22 | 10.9 | 7:06 | -0.4 | 7:44 | -1.2 | 7:10 | 4:31 | |
| 18 | Wed | 2:02 | 9.8 | 2:17 | 10.3 | 8:02 | -0.2 | 8:37 | -0.7 | 7:09 | 4:33 | |
| 19 | Thu | 2:56 | 9.6 | 3:15 | 9.6 | 9:01 | 0.2 | 9:30 | -0.1 | 7:08 | 4:34 | |
| 20 | Fri | 3:51 | 9.4 | 4:14 | 9.0 | 10:01 | 0.5 | 10:24 | 0.5 | 7:08 | 4:35 | |
| 21 | Sat | 4:46 | 9.2 | 5:15 | 8.4 | 11:03 | 0.7 | 11:19 | 1.0 | 7:07 | 4:36 | |
| 22 | Sun | 5:41 | 9.0 | 6:17 | 8.0 | | | 12:06 | 0.9 | 7:06 | 4:38 | |
| 23 | Mon | 6:38 | 8.9 | 7:19 | 7.9 | 12:17 | 1.4 | 1:09 | 0.9 | 7:06 | 4:39 | |
| 24 | Tue | 7:33 | 9.0 | 8:15 | 7.9 | 1:16 | 1.6 | 2:06 | 0.7 | 7:05 | 4:40 | |
| 25 | Wed | 8:24 | 9.1 | 9:05 | 8.0 | 2:09 | 1.6 | 2:55 | 0.5 | 7:04 | 4:42 | |
| 26 | Thu | 9:10 | 9.2 | 9:50 | 8.2 | 2:57 | 1.5 | 3:40 | 0.3 | 7:03 | 4:43 | |
| 27 | Fri | 9:53 | 9.4 | 10:31 | 8.3 | 3:39 | 1.3 | 4:20 | 0.2 | 7:02 | 4:44 | |
| 28 | Sat | 10:32 | 9.6 | 11:09 | 8.5 | 4:18 | 1.1 | 4:57 | 0.0 | 7:01 | 4:46 | |
| 29 | Sun | 11:10 | 9.7 | 11:45 | 8.6 | 4:55 | 1.0 | 5:32 | -0.1 | 7:00 | 4:47 | |
| 30 | Mon | 11:45 | 9.8 | | | 5:31 | 0.8 | 6:05 | -0.2 | 6:59 | 4:48 | |
| 31 | Tue | 12:18 | 8.7 | 12:20 | 9.8 | 6:07 | 0.7 | 6:38 | -0.2 | 6:58 | 4:50 | |