US HARBORS www.USHarbors.com

Portland, ME - Mar 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	12:19	9.5	12:33	9.8	6:21	-0.1	6:42	-0.3	6:15	5:30	
2	Fri	12:53	9.7	1:12	9.7	7:01	-0.2	7:19	-0.2	6:14	5:31	
3	Sat	1:30	9.9	1:55	9.4	7:44	-0.3	8:01	0.0	6:12	5:32	
4	Sun	2:13	9.9	2:44	9.0	8:33	-0.2	8:48	0.3	6:10	5:34	
5	Mon	3:02	9.8	3:40	8.7	9:27	-0.1	9:42	0.7	6:09	5:35	
6	Tue	3:57	9.7	4:43	8.3	10:27	0.1	10:42	1.0	6:07	5:36	
7	Wed	5:01	9.6	5:54	8.2	11:34	0.2	11:49	1.1	6:05	5:37	
8	Thu	6:11	9.6	7:07	8.3			12:47	0.1	6:03	5:39	
9	Fri	7:23	9.9	8:13	8.7	1:01	0.9	1:56	-0.2	6:02	5:40	
10	Sat	8:29	10.2	9:11	9.3	2:09	0.5	2:56	-0.6	6:00	5:41	
11	Sun	10:27	10.6	11:04	9.8	4:09	0.0	4:49	-0.9	6:58	6:42	
12	Mon	11:20	10.8	11:52	10.1	5:04	-0.5	5:38	-1.1	6:56	6:44	
13	Tue			12:10	10.8	5:55	-0.8	6:24	-1.1	6:55	6:45	
14	Wed	12:38	10.4	12:58	10.6	6:43	-0.9	7:07	-0.9	6:53	6:46	
15	Thu	1:20	10.4	1:43	10.2	7:30	-0.8	7:49	-0.4	6:51	6:47	
16	Fri	2:02	10.2	2:28	9.7	8:15	-0.6	8:30	0.1	6:49	6:49	
17	Sat	2:43	9.9	3:15	9.1	9:01	-0.2	9:13	0.7	6:47	6:50	
18	Sun	3:27	9.5	4:05	8.5	9:49	0.3	9:59	1.3	6:46	6:51	
19	Mon	4:14	9.1	4:58	8.0	10:41	0.7	10:50	1.8	6:44	6:52	
20	Tue	5:06	8.7	5:56	7.6	11:36	1.1	11:45	2.1	6:42	6:53	
21	Wed	6:04	8.4	6:57	7.5			12:37	1.4	6:40	6:55	
22	Thu	7:06	8.3	7:58	7.5	12:46	2.3	1:41	1.4	6:38	6:56	
23	Fri	8:08	8.4	8:54	7.8	1:50	2.2	2:40	1.2	6:37	6:57	
24	Sat	9:03	8.7	9:41	8.2	2:48	1.9	3:29	0.9	6:35	6:58	
25	Sun	9:50	9.0	10:22	8.6	3:37	1.4	4:10	0.6	6:33	6:59	
26	Mon	10:32	9.4	11:00	9.1	4:19	1.0	4:47	0.3	6:31	7:01	
27	Tue	11:12	9.7	11:35	9.5	4:59	0.5	5:22	0.0	6:29	7:02	
28	Wed	11:51	9.9			5:37	0.0	5:57	-0.2	6:28	7:03	
29	Thu	12:10	9.9	12:30	9.9	6:17	-0.4	6:34	-0.3	6:26	7:04	
30	Fri	12:46	10.2	1:10	9.9	6:57	-0.7	7:12	-0.3	6:24	7:05	
31	Sat	1:23	10.5	1:53	9.8	7:40	-0.8	7:53	-0.1	6:22	7:07	