





























Portland, ME - Jun 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:25	10.3	5:18	9.4	10:53	-0.4	11:15	0.8	5:01	8:16	
2	Sat	5:31	9.9	6:20	9.5	11:54	-0.1			5:01	8:16	
3	Sun	6:37	9.5	7:20	9.6	12:23	0.9	12:56	0.2	5:00	8:17	
4	Mon	7:43	9.3	8:17	9.8	1:31	0.8	1:55	0.4	5:00	8:18	
5	Tue	8:45	9.1	9:10	10.0	2:35	0.5	2:51	0.6	5:00	8:19	
6	Wed	9:41	9.0	9:57	10.1	3:31	0.3	3:41	0.8	4:59	8:19	
7	Thu	10:32	9.0	10:41	10.1	4:21	0.0	4:27	0.9	4:59	8:20	
8	Fri	11:19	8.9	11:22	10.1	5:07	-0.1	5:09	1.1	4:59	8:21	
9	Sat			12:02	8.8	5:50	-0.1	5:50	1.3	4:59	8:21	
10	Sun	12:02	10.0	12:44	8.7	6:30	0.0	6:28	1.4	4:59	8:22	
11	Mon	12:40	9.9	1:23	8.6	7:08	0.1	7:06	1.5	4:58	8:22	
12	Tue	1:18	9.8	2:02	8.5	7:46	0.3	7:45	1.6	4:58	8:23	
13	Wed	1:56	9.6	2:41	8.4	8:24	0.4	8:25	1.8	4:58	8:23	
14	Thu	2:36	9.4	3:22	8.3	9:03	0.6	9:07	1.9	4:58	8:24	
15	Fri	3:18	9.2	4:06	8.3	9:44	0.7	9:53	1.9	4:58	8:24	
16	Sat	4:03	9.0	4:50	8.4	10:27	0.8	10:42	1.9	4:58	8:24	
17	Sun	4:52	8.8	5:34	8.6	11:11	0.9	11:34	1.7	4:58	8:25	
18	Mon	5:42	8.7	6:20	8.9	11:57	0.9			4:59	8:25	
19	Tue	6:36	8.6	7:08	9.3	12:27	1.5	12:46	0.9	4:59	8:25	
20	Wed	7:33	8.6	7:58	9.8	1:24	1.1	1:37	0.9	4:59	8:26	
21	Thu	8:31	8.8	8:49	10.3	2:21	0.5	2:30	0.7	4:59	8:26	
22	Fri	9:27	9.0	9:40	10.8	3:16	-0.1	3:23	0.5	4:59	8:26	
23	Sat	10:22	9.3	10:31	11.2	4:09	-0.6	4:15	0.2	5:00	8:26	
24	Sun	11:17	9.5	11:25	11.5	5:02	-1.1	5:09	0.0	5:00	8:26	
25	Mon			12:12	9.7	5:56	-1.4	6:03	-0.1	5:00	8:26	
26	Tue	12:20	11.7	1:07	9.9	6:50	-1.5	6:58	-0.1	5:01	8:26	
27	Wed	1:15	11.6	2:02	9.9	7:44	-1.5	7:55	-0.1	5:01	8:26	
28	Thu	2:11	11.4	2:58	9.9	8:39	-1.3	8:53	0.1	5:02	8:26	
29	Fri	3:09	10.9	3:57	9.9	9:35	-1.0	9:55	0.3	5:02	8:26	
30	Sat	4:10	10.4	4:55	9.8	10:32	-0.6	10:59	0.5	5:03	8:26	