US HARBORS www.USHarbors.com

Portland, ME - Jul 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	5:13	9.9	5:53	9.8	11:29	-0.1			5:03	8:26	
2	Mon	6:15	9.3	6:50	9.8	12:03	0.6	12:26	0.4	5:04	8:26	
3	Tue	7:18	8.9	7:47	9.7	1:08	0.7	1:24	0.8	5:05	8:25	
4	Wed	8:20	8.6	8:40	9.8	2:11	0.6	2:21	1.1	5:05	8:25	
5	Thu	9:18	8.5	9:30	9.8	3:09	0.5	3:14	1.3	5:06	8:25	
6	Fri	10:10	8.4	10:16	9.8	4:00	0.4	4:02	1.4	5:06	8:24	
7	Sat	10:57	8.4	11:00	9.8	4:47	0.3	4:46	1.5	5:07	8:24	
8	Sun	11:41	8.5	11:41	9.8	5:30	0.2	5:27	1.5	5:08	8:24	
9	Mon			12:22	8.5	6:10	0.2	6:07	1.5	5:09	8:23	
10	Tue	12:20	9.8	1:01	8.5	6:48	0.2	6:44	1.5	5:09	8:23	
11	Wed	12:58	9.8	1:38	8.5	7:23	0.3	7:22	1.5	5:10	8:22	
12	Thu	1:34	9.7	2:14	8.5	7:58	0.3	7:59	1.5	5:11	8:22	
13	Fri	2:11	9.6	2:50	8.6	8:33	0.4	8:39	1.5	5:12	8:21	
14	Sat	2:49	9.4	3:28	8.7	9:10	0.5	9:22	1.4	5:13	8:20	
15	Sun	3:31	9.2	4:07	8.9	9:49	0.5	10:08	1.4	5:14	8:20	
16	Mon	4:16	9.0	4:49	9.1	10:30	0.6	10:57	1.2	5:15	8:19	
17	Tue	5:05	8.8	5:35	9.3	11:15	0.7	11:50	1.0	5:15	8:18	
18	Wed	5:58	8.6	6:24	9.6			12:04	0.8	5:16	8:17	
19	Thu	6:56	8.5	7:19	10.0	12:47	0.7	12:58	0.9	5:17	8:17	
20	Fri	7:59	8.6	8:17	10.4	1:48	0.4	1:57	0.8	5:18	8:16	
21	Sat	9:01	8.8	9:15	10.8	2:49	-0.1	2:56	0.6	5:19	8:15	
22	Sun	10:01	9.1	10:13	11.2	3:48	-0.6	3:54	0.3	5:20	8:14	
23	Mon	10:59	9.5	11:10	11.5	4:45	-1.0	4:51	0.0	5:21	8:13	
24	Tue	11:55	9.8			5:40	-1.4	5:48	-0.3	5:22	8:12	
25	Wed	12:06	11.7	12:50	10.0	6:34	-1.5	6:44	-0.4	5:23	8:11	
26	Thu	1:02	11.6	1:44	10.2	7:27	-1.5	7:40	-0.4	5:24	8:10	
27	Fri	1:57	11.3	2:37	10.2	8:19	-1.3	8:37	-0.3	5:25	8:09	
28	Sat	2:52	10.9	3:30	10.2	9:11	-0.9	9:35	0.0	5:26	8:08	
29	Sun	3:49	10.2	4:25	10.0	10:04	-0.4	10:35	0.2	5:27	8:07	
30	Mon	4:48	9.6	5:20	9.8	10:58	0.2	11:36	0.5	5:28	8:05	
31	Tue	5:48	9.0	6:15	9.6	11:53	0.8			5:30	8:04	