US HARBORS www.USHarbors.com

Portland, ME - Aug 2040

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	6:50	8.5	7:12	9.4	12:38	0.7	12:49	1.3	5:31	8:03	
2	Thu	7:52	8.2	8:08	9.3	1:41	0.8	1:49	1.6	5:32	8:02	
3	Fri	8:51	8.1	9:02	9.4	2:42	0.8	2:46	1.7	5:33	8:01	
4	Sat	9:45	8.1	9:52	9.4	3:35	0.7	3:37	1.7	5:34	7:59	
5	Sun	10:32	8.2	10:37	9.6	4:23	0.6	4:23	1.6	5:35	7:58	
6	Mon	11:16	8.4	11:19	9.7	5:06	0.5	5:04	1.4	5:36	7:57	
7	Tue	11:56	8.5	11:58	9.8	5:46	0.4	5:43	1.3	5:37	7:55	
8	Wed			12:33	8.7	6:22	0.3	6:21	1.2	5:38	7:54	
9	Thu	12:35	9.8	1:08	8.8	6:55	0.2	6:57	1.1	5:39	7:52	
10	Fri	1:10	9.8	1:42	8.9	7:27	0.2	7:33	1.0	5:41	7:51	
11	Sat	1:45	9.7	2:14	9.1	8:00	0.2	8:11	0.9	5:42	7:50	
12	Sun	2:21	9.5	2:49	9.2	8:35	0.3	8:52	0.8	5:43	7:48	
13	Mon	3:01	9.3	3:27	9.4	9:12	0.4	9:37	0.8	5:44	7:47	
14	Tue	3:45	9.0	4:09	9.5	9:54	0.6	10:26	0.7	5:45	7:45	
15	Wed	4:35	8.8	4:57	9.6	10:41	0.8	11:20	0.6	5:46	7:44	
16	Thu	5:30	8.6	5:51	9.8	11:33	0.9			5:47	7:42	
17	Fri	6:31	8.4	6:51	10.0	12:19	0.5	12:31	1.0	5:48	7:40	
18	Sat	7:37	8.5	7:55	10.2	1:23	0.3	1:34	0.9	5:49	7:39	
19	Sun	8:44	8.7	9:00	10.6	2:30	0.0	2:39	0.7	5:51	7:37	
20	Mon	9:46	9.1	10:00	11.0	3:32	-0.5	3:41	0.3	5:52	7:36	
21	Tue	10:44	9.6	10:58	11.3	4:30	-0.9	4:39	-0.2	5:53	7:34	
22	Wed	11:38	10.0	11:54	11.5	5:24	-1.2	5:35	-0.5	5:54	7:32	
23	Thu			12:31	10.3	6:16	-1.4	6:30	-0.7	5:55	7:31	
24	Fri	12:47	11.4	1:20	10.5	7:05	-1.3	7:23	-0.7	5:56	7:29	
25	Sat	1:39	11.1	2:09	10.5	7:53	-1.0	8:16	-0.6	5:57	7:27	
26	Sun	2:31	10.5	2:58	10.3	8:41	-0.5	9:10	-0.3	5:58	7:26	
27	Mon	3:24	9.9	3:49	10.0	9:31	0.1	10:06	0.1	6:00	7:24	
28	Tue	4:20	9.2	4:41	9.7	10:22	0.7	11:04	0.5	6:01	7:22	
29	Wed	5:18	8.6	5:36	9.3	11:16	1.3			6:02	7:21	
30	Thu	6:18	8.2	6:34	9.0	12:04	0.9	12:13	1.7	6:03	7:19	
31	Fri	7:20	7.9	7:34	8.9	1:06	1.1	1:14	2.0	6:04	7:17	