

































## Portland, ME - Jul 2021

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:31	9.9	2:13	8.6	7:58	0.2	7:59	1.5	5:03	8:26	
2	Tue	2:11	9.7	2:53	8.5	8:37	0.4	8:41	1.6	5:04	8:26	
3	Wed	2:52	9.4	3:35	8.5	9:16	0.6	9:25	1.7	5:04	8:25	
4	Thu	3:35	9.1	4:17	8.6	9:56	0.8	10:12	1.8	5:05	8:25	
5	Fri	4:21	8.8	5:00	8.6	10:37	1.0	11:01	1.8	5:06	8:25	
6	Sat	5:09	8.5	5:43	8.7	11:19	1.2	11:51	1.7	5:06	8:25	
7	Sun	5:59	8.2	6:27	8.9			12:04	1.4	5:07	8:24	
8	Mon	6:53	8.0	7:15	9.1	12:43	1.5	12:52	1.5	5:08	8:24	
9	Tue	7:50	8.0	8:05	9.4	1:39	1.3	1:43	1.5	5:09	8:23	
10	Wed	8:46	8.1	8:56	9.8	2:35	0.9	2:37	1.4	5:09	8:23	
11	Thu	9:40	8.4	9:47	10.3	3:28	0.4	3:29	1.1	5:10	8:22	
12	Fri	10:32	8.7	10:38	10.7	4:19	-0.1	4:21	0.8	5:11	8:22	
13	Sat	11:24	9.0	11:30	11.1	5:10	-0.6	5:13	0.5	5:12	8:21	
14	Sun			12:16	9.3	6:01	-0.9	6:06	0.2	5:13	8:20	
15	Mon	12:23	11.3	1:08	9.7	6:52	-1.2	6:59	0.0	5:13	8:20	
16	Tue	1:16	11.4	1:59	9.9	7:42	-1.3	7:54	-0.1	5:14	8:19	
17	Wed	2:10	11.2	2:52	10.1	8:33	-1.2	8:51	-0.1	5:15	8:18	
18	Thu	3:06	10.9	3:47	10.2	9:26	-1.0	9:50	0.0	5:16	8:18	
19	Fri	4:04	10.3	4:43	10.2	10:20	-0.6	10:52	0.1	5:17	8:17	
20	Sat	5:06	9.8	5:39	10.2	11:15	-0.1	11:56	0.2	5:18	8:16	
21	Sun	6:09	9.3	6:37	10.1			12:13	0.4	5:19	8:15	
22	Mon	7:14	8.8	7:36	10.0	1:01	0.3	1:13	0.9	5:20	8:14	
23	Tue	8:19	8.6	8:35	9.9	2:06	0.3	2:14	1.1	5:21	8:13	
24	Wed	9:19	8.5	9:30	9.9	3:08	0.2	3:12	1.3	5:22	8:12	
25	Thu	10:14	8.5	10:21	9.9	4:02	0.2	4:05	1.3	5:23	8:11	
26	Fri	11:03	8.5	11:08	10.0	4:52	0.1	4:52	1.3	5:24	8:10	
27	Sat	11:49	8.6	11:51	9.9	5:37	0.1	5:36	1.2	5:25	8:09	
28	Sun			12:30	8.6	6:19	0.1	6:18	1.2	5:26	8:08	
29	Mon	12:31	9.9	1:08	8.7	6:56	0.2	6:56	1.2	5:27	8:07	
30	Tue	1:09	9.8	1:44	8.7	7:31	0.2	7:34	1.2	5:28	8:06	
31	Wed	1:46	9.6	2:19	8.8	8:05	0.4	8:12	1.3	5:29	8:05	