US HARBORS www.USHarbors.com

Portland, ME - Jan 2043

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	3:01	8.8	3:12	8.9	9:00	1.1	9:31	0.6	7:14	4:14	
2	Fri	3:51	8.6	4:07	8.4	9:56	1.4	10:19	1.0	7:14	4:15	
3	Sat	4:41	8.6	5:03	8.0	10:53	1.5	11:08	1.4	7:14	4:16	
4	Sun	5:31	8.5	6:01	7.7	11:52	1.5	11:59	1.7	7:14	4:17	
5	Mon	6:22	8.6	7:00	7.6			12:51	1.4	7:14	4:18	
6	Tue	7:14	8.7	7:56	7.6	12:53	1.9	1:46	1.1	7:14	4:19	
7	Wed	8:02	8.9	8:46	7.8	1:45	1.8	2:35	0.8	7:13	4:20	
8	Thu	8:48	9.2	9:31	8.0	2:32	1.7	3:19	0.5	7:13	4:21	
9	Fri	9:31	9.5	10:13	8.2	3:15	1.5	4:00	0.2	7:13	4:22	
10	Sat	10:12	9.7	10:54	8.4	3:56	1.2	4:40	-0.1	7:13	4:23	
11	Sun	10:52	10.0	11:33	8.6	4:36	1.0	5:18	-0.3	7:12	4:24	
12	Mon	11:32	10.2			5:17	0.7	5:57	-0.5	7:12	4:26	
13	Tue	12:11	8.8	12:13	10.3	5:59	0.5	6:36	-0.7	7:12	4:27	
14	Wed	12:50	9.1	12:55	10.3	6:43	0.3	7:17	-0.7	7:11	4:28	
15	Thu	1:32	9.3	1:41	10.1	7:30	0.2	8:00	-0.6	7:11	4:29	
16	Fri	2:16	9.5	2:31	9.8	8:21	0.1	8:47	-0.4	7:10	4:30	
17	Sat	3:05	9.7	3:27	9.4	9:16	0.1	9:38	-0.1	7:10	4:32	
18	Sun	3:58	9.8	4:27	8.9	10:16	0.1	10:33	0.3	7:09	4:33	
19	Mon	4:55	9.8	5:33	8.6	11:19	0.1	11:33	0.6	7:08	4:34	
20	Tue	5:56	9.8	6:43	8.4			12:27	0.0	7:08	4:35	
21	Wed	7:01	9.9	7:51	8.4	12:38	0.8	1:36	-0.2	7:07	4:37	
22	Thu	8:05	10.1	8:54	8.6	1:44	0.8	2:39	-0.4	7:06	4:38	
23	Fri	9:04	10.4	9:50	8.8	2:45	0.6	3:36	-0.7	7:05	4:39	
24	Sat	9:59	10.5	10:42	9.0	3:41	0.4	4:28	-0.9	7:04	4:41	
25	Sun	10:50	10.6	11:30	9.2	4:33	0.2	5:17	-0.9	7:04	4:42	
26	Mon	11:38	10.5			5:22	0.2	6:02	-0.8	7:03	4:43	
27	Tue	12:15	9.2	12:23	10.2	6:09	0.2	6:43	-0.6	7:02	4:45	
28	Wed	12:57	9.2	1:06	9.8	6:54	0.3	7:23	-0.2	7:01	4:46	
29	Thu	1:37	9.1	1:49	9.3	7:38	0.5	8:03	0.2	7:00	4:47	
30	Fri	2:18	9.0	2:34	8.8	8:24	0.8	8:43	0.7	6:59	4:49	
31	Sat	3:01	8.8	3:22	8.2	9:11	1.0	9:26	1.2	6:58	4:50	