US HARBORS www.USHarbors.com

Portland, ME - Jan 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:31	9.7			5:17	1.2	5:56	0.1	7:14	4:14	
2	Sat	12:10	8.4	12:06	9.7	5:53	1.2	6:30	0.0	7:14	4:15	
3	Sun	12:45	8.4	12:42	9.7	6:30	1.1	7:05	0.0	7:14	4:16	
4	Mon	1:20	8.5	1:20	9.5	7:10	1.0	7:41	0.1	7:14	4:17	
5	Tue	1:57	8.7	2:01	9.3	7:52	1.0	8:21	0.1	7:14	4:18	
6	Wed	2:37	8.8	2:48	9.1	8:40	0.9	9:04	0.3	7:14	4:19	
7	Thu	3:22	9.1	3:40	8.8	9:32	0.8	9:52	0.4	7:14	4:20	
8	Fri	4:10	9.3	4:37	8.6	10:28	0.6	10:44	0.6	7:13	4:21	
9	Sat	5:04	9.5	5:39	8.4	11:28	0.4	11:41	0.7	7:13	4:22	
10	Sun	6:02	9.8	6:47	8.4			12:33	0.1	7:13	4:23	
11	Mon	7:05	10.1	7:53	8.6	12:43	0.7	1:39	-0.3	7:12	4:24	
12	Tue	8:07	10.5	8:56	8.9	1:47	0.5	2:41	-0.7	7:12	4:25	
13	Wed	9:07	10.9	9:54	9.2	2:47	0.2	3:39	-1.2	7:12	4:26	
14	Thu	10:04	11.2	10:49	9.5	3:45	-0.1	4:34	-1.4	7:11	4:28	
15	Fri	11:00	11.3	11:42	9.7	4:41	-0.3	5:27	-1.6	7:11	4:29	
16	Sat	11:53	11.2			5:35	-0.4	6:17	-1.5	7:10	4:30	
17	Sun	12:32	9.8	12:44	10.9	6:28	-0.4	7:06	-1.2	7:10	4:31	
18	Mon	1:22	9.8	1:35	10.4	7:21	-0.2	7:54	-0.8	7:09	4:33	
19	Tue	2:11	9.7	2:28	9.7	8:15	0.1	8:42	-0.2	7:08	4:34	
20	Wed	3:01	9.5	3:23	9.1	9:10	0.4	9:32	0.4	7:08	4:35	
21	Thu	3:52	9.2	4:20	8.4	10:08	0.7	10:23	1.0	7:07	4:36	
22	Fri	4:44	9.0	5:19	7.9	11:07	1.0	11:16	1.5	7:06	4:38	
23	Sat	5:38	8.8	6:20	7.6			12:09	1.1	7:06	4:39	
24	Sun	6:35	8.7	7:22	7.5	12:14	1.8	1:11	1.1	7:05	4:40	
25	Mon	7:31	8.7	8:17	7.6	1:13	1.9	2:08	1.0	7:04	4:42	
26	Tue	8:23	8.9	9:06	7.8	2:07	1.8	2:57	0.7	7:03	4:43	
27	Wed	9:09	9.1	9:50	8.0	2:55	1.6	3:40	0.5	7:02	4:44	
28	Thu	9:52	9.4	10:31	8.2	3:37	1.4	4:20	0.2	7:01	4:46	
29	Fri	10:31	9.6	11:08	8.5	4:16	1.1	4:56	0.0	7:00	4:47	
30	Sat	11:09	9.8	11:43	8.7	4:54	0.9	5:29	-0.2	6:59	4:48	
31	Sun	11:44	9.9			5:31	0.7	6:02	-0.3	6:58	4:50	