US HARBORS www.USHarbors.com

Portland, ME - Jul 2044

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:27	10.0	5:07	9.8	10:44	-0.2	11:16	0.6	5:03	8:26	
2	Sat	5:27	9.3	6:01	9.7	11:38	0.4			5:04	8:26	
3	Sun	6:28	8.8	6:56	9.6	12:18	0.8	12:33	0.9	5:05	8:25	
4	Mon	7:30	8.4	7:51	9.5	1:21	0.8	1:29	1.3	5:05	8:25	
5	Tue	8:31	8.2	8:44	9.5	2:22	0.8	2:25	1.6	5:06	8:25	
6	Wed	9:26	8.1	9:33	9.5	3:17	0.7	3:17	1.7	5:07	8:24	
7	Thu	10:16	8.1	10:19	9.6	4:07	0.6	4:05	1.7	5:07	8:24	
8	Fri	11:02	8.2	11:02	9.6	4:52	0.5	4:48	1.7	5:08	8:24	
9	Sat	11:45	8.3	11:43	9.7	5:34	0.5	5:29	1.6	5:09	8:23	
10	Sun			12:25	8.3	6:13	0.4	6:07	1.5	5:10	8:23	
11	Mon	12:22	9.8	1:02	8.4	6:49	0.3	6:45	1.5	5:10	8:22	
12	Tue	12:59	9.8	1:38	8.5	7:23	0.3	7:22	1.4	5:11	8:22	
13	Wed	1:34	9.7	2:12	8.7	7:56	0.3	8:00	1.3	5:12	8:21	
14	Thu	2:11	9.6	2:47	8.8	8:30	0.3	8:40	1.3	5:13	8:20	
15	Fri	2:49	9.4	3:24	9.0	9:06	0.3	9:24	1.1	5:14	8:20	
16	Sat	3:31	9.2	4:03	9.2	9:46	0.4	10:11	1.0	5:15	8:19	
17	Sun	4:18	9.0	4:47	9.5	10:29	0.6	11:02	0.9	5:16	8:18	
18	Mon	5:09	8.7	5:35	9.7	11:16	0.7	11:58	0.7	5:16	8:17	
19	Tue	6:06	8.6	6:29	9.9			12:08	0.9	5:17	8:16	
20	Wed	7:08	8.5	7:28	10.2	12:58	0.5	1:06	0.9	5:18	8:16	
21	Thu	8:14	8.5	8:30	10.5	2:02	0.2	2:09	0.8	5:19	8:15	
22	Fri	9:19	8.7	9:32	10.9	3:06	-0.2	3:11	0.6	5:20	8:14	
23	Sat	10:19	9.1	10:31	11.2	4:06	-0.6	4:11	0.3	5:21	8:13	
24	Sun	11:17	9.4	11:29	11.5	5:03	-1.0	5:09	0.0	5:22	8:12	
25	Mon			12:13	9.8	5:58	-1.3	6:06	-0.2	5:23	8:11	
26	Tue	12:25	11.5	1:06	10.0	6:51	-1.4	7:02	-0.3	5:24	8:10	
27	Wed	1:19	11.3	1:57	10.2	7:41	-1.2	7:57	-0.3	5:25	8:09	
28	Thu	2:12	10.9	2:47	10.2	8:30	-0.9	8:51	-0.1	5:26	8:08	
29	Fri	3:05	10.3	3:38	10.1	9:19	-0.4	9:48	0.2	5:27	8:07	
30	Sat	4:01	9.7	4:30	9.9	10:10	0.2	10:46	0.5	5:29	8:05	
31	Sun	4:58	9.0	5:23	9.6	11:01	0.8	11:45	0.8	5:30	8:04	