

































## Portland, ME - Mar 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:55	10.6	9:35	9.6	2:36	0.1	3:20	-1.0	6:16	5:30	
2	Thu	9:52	11.0	10:26	10.2	3:34	-0.5	4:12	-1.4	6:14	5:31	
3	Fri	10:45	11.2	11:14	10.7	4:28	-1.0	5:00	-1.5	6:12	5:32	
4	Sat	11:36	11.1			5:20	-1.4	5:46	-1.4	6:11	5:33	
5	Sun	12:00	10.9	12:25	10.8	6:10	-1.4	6:32	-1.1	6:09	5:35	
6	Mon	12:45	10.8	1:14	10.2	6:59	-1.3	7:17	-0.6	6:07	5:36	
7	Tue	1:31	10.6	2:04	9.6	7:49	-0.9	8:03	0.1	6:05	5:37	
8	Wed	2:18	10.1	2:57	8.9	8:41	-0.3	8:53	0.8	6:04	5:38	
9	Thu	3:10	9.5	3:54	8.2	9:37	0.3	9:47	1.4	6:02	5:40	
10	Fri	4:06	9.0	4:55	7.8	10:37	0.8	10:46	1.8	6:00	5:41	
11	Sat	5:06	8.6	5:59	7.5	11:42	1.2	11:51	2.1	5:58	5:42	
12	Sun	7:11	8.4	8:03	7.5			1:49	1.3	6:57	6:43	
13	Mon	8:14	8.5	8:59	7.7	1:58	2.1	2:48	1.2	6:55	6:45	
14	Tue	9:10	8.7	9:47	8.1	2:56	1.8	3:37	0.9	6:53	6:46	
15	Wed	9:57	9.0	10:29	8.5	3:45	1.4	4:19	0.7	6:51	6:47	
16	Thu	10:39	9.2	11:06	8.8	4:28	1.0	4:55	0.5	6:50	6:48	
17	Fri	11:17	9.3	11:40	9.2	5:06	0.7	5:27	0.3	6:48	6:50	
18	Sat	11:54	9.4			5:42	0.4	5:59	0.2	6:46	6:51	
19	Sun	12:11	9.5	12:29	9.4	6:17	0.1	6:30	0.2	6:44	6:52	
20	Mon	12:42	9.7	1:04	9.3	6:52	-0.1	7:03	0.3	6:42	6:53	
21	Tue	1:14	9.9	1:41	9.2	7:29	-0.3	7:39	0.4	6:41	6:54	
22	Wed	1:49	9.9	2:20	9.0	8:09	-0.3	8:18	0.5	6:39	6:56	
23	Thu	2:28	9.9	3:05	8.7	8:53	-0.2	9:03	0.8	6:37	6:57	
24	Fri	3:14	9.8	3:57	8.4	9:44	0.0	9:54	1.0	6:35	6:58	
25	Sat	4:08	9.7	4:57	8.2	10:41	0.3	10:53	1.2	6:33	6:59	
26	Sun	5:11	9.5	6:04	8.1	11:45	0.4	11:59	1.3	6:31	7:00	
27	Mon	6:20	9.5	7:15	8.3			12:54	0.4	6:30	7:02	
28	Tue	7:33	9.6	8:23	8.8	1:11	1.1	2:04	0.1	6:28	7:03	
29	Wed	8:42	9.9	9:23	9.4	2:22	0.7	3:06	-0.3	6:26	7:04	
30	Thu	9:43	10.3	10:15	10.1	3:26	0.0	4:00	-0.6	6:24	7:05	
31	Fri	10:38	10.5	11:04	10.6	4:22	-0.6	4:49	-0.8	6:23	7:06	