























Portland, ME - Dec 2045

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	4:06	9.2	4:22	9.6	10:07	0.8	10:42	0.0	6:55	4:05	
2	Sat	5:06	9.4	5:29	9.3	11:14	0.6	11:42	0.2	6:56	4:05	
3	Sun	6:06	9.7	6:36	9.2			12:21	0.4	6:57	4:04	
4	Mon	7:05	10.0	7:40	9.1	12:42	0.3	1:27	0.0	6:58	4:04	
5	Tue	8:00	10.3	8:39	9.2	1:41	0.4	2:25	-0.4	6:59	4:04	
6	Wed	8:51	10.5	9:32	9.2	2:35	0.4	3:19	-0.7	7:00	4:04	
7	Thu	9:40	10.6	10:23	9.2	3:25	0.5	4:09	-0.8	7:01	4:04	
8	Fri	10:27	10.6	11:11	9.1	4:13	0.5	4:56	-0.8	7:02	4:04	
9	Sat	11:13	10.5	11:55	9.0	4:59	0.6	5:41	-0.6	7:03	4:04	
10	Sun	11:56	10.2			5:43	0.8	6:24	-0.4	7:03	4:04	
11	Mon	12:39	8.8	12:39	10.0	6:26	1.0	7:06	-0.1	7:04	4:04	
12	Tue	1:21	8.6	1:21	9.6	7:09	1.2	7:48	0.2	7:05	4:04	
13	Wed	2:04	8.4	2:06	9.2	7:54	1.4	8:30	0.6	7:06	4:04	
14	Thu	2:49	8.3	2:53	8.8	8:41	1.6	9:14	0.8	7:07	4:04	
15	Fri	3:35	8.3	3:42	8.5	9:32	1.7	9:58	1.1	7:07	4:04	
16	Sat	4:22	8.3	4:34	8.1	10:24	1.8	10:44	1.3	7:08	4:05	
17	Sun	5:08	8.4	5:28	7.9	11:18	1.7	11:31	1.5	7:09	4:05	
18	Mon	5:56	8.6	6:25	7.8			12:14	1.5	7:09	4:05	
19	Tue	6:45	8.8	7:21	7.8	12:21	1.6	1:09	1.2	7:10	4:06	
20	Wed	7:33	9.2	8:13	8.0	1:12	1.5	2:01	0.8	7:10	4:06	
21	Thu	8:19	9.6	9:01	8.3	2:01	1.4	2:49	0.3	7:11	4:07	
22	Fri	9:05	10.0	9:48	8.5	2:48	1.1	3:35	-0.2	7:11	4:07	
23	Sat	9:51	10.4	10:35	8.8	3:35	0.8	4:21	-0.6	7:12	4:08	
24	Sun	10:39	10.7	11:23	9.1	4:23	0.5	5:08	-0.9	7:12	4:08	
25	Mon	11:28	11.0			5:11	0.2	5:56	-1.1	7:13	4:09	
26	Tue	12:11	9.3	12:18	11.0	6:02	0.0	6:44	-1.2	7:13	4:10	
27	Wed	1:00	9.5	1:09	10.8	6:54	-0.1	7:34	-1.1	7:13	4:10	
28	Thu	1:51	9.6	2:04	10.5	7:49	0.0	8:26	-0.9	7:13	4:11	
29	Fri	2:46	9.7	3:03	10.0	8:49	0.1	9:20	-0.5	7:14	4:12	
30	Sat	3:43	9.8	4:06	9.5	9:52	0.2	10:17	-0.1	7:14	4:13	
31	Sun	4:41	9.8	5:11	9.0	10:57	0.2	11:12	0.3	7:14	4:14	