

































Portland, ME - Mar 2053

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:46	10.2	8:28	9.3	1:24	0.3	2:12	-0.6	6:16	5:30	
2	Sun	8:47	10.5	9:24	9.8	2:28	-0.1	3:09	-1.0	6:14	5:31	
3	Mon	9:43	10.8	10:16	10.2	3:26	-0.5	4:01	-1.2	6:12	5:32	
4	Tue	10:35	10.9	11:04	10.4	4:19	-0.8	4:50	-1.3	6:11	5:33	
5	Wed	11:24	10.9	11:50	10.5	5:09	-1.0	5:36	-1.2	6:09	5:35	
6	Thu			12:11	10.6	5:56	-1.0	6:20	-1.0	6:07	5:36	
7	Fri	12:33	10.4	12:56	10.2	6:42	-0.8	7:02	-0.5	6:05	5:37	
8	Sat	1:15	10.2	1:41	9.7	7:27	-0.5	7:44	0.0	6:04	5:38	
9	Sun	1:58	9.8	3:28	9.1	9:13	-0.1	9:29	0.5	7:02	6:40	
10	Mon	3:44	9.4	4:18	8.6	10:02	0.4	10:16	1.1	7:00	6:41	
11	Tue	4:33	9.0	5:11	8.1	10:54	0.8	11:07	1.5	6:58	6:42	
12	Wed	5:25	8.7	6:08	7.8	11:49	1.1			6:57	6:43	
13	Thu	6:22	8.5	7:08	7.7	12:02	1.8	12:49	1.3	6:55	6:45	
14	Fri	7:22	8.4	8:07	7.8	1:02	1.9	1:50	1.3	6:53	6:46	
15	Sat	8:20	8.6	9:00	8.1	2:03	1.8	2:46	1.1	6:51	6:47	
16	Sun	9:12	8.9	9:46	8.5	2:57	1.5	3:33	0.7	6:49	6:48	
17	Mon	9:58	9.2	10:28	8.9	3:44	1.0	4:14	0.4	6:48	6:50	
18	Tue	10:40	9.6	11:06	9.4	4:26	0.6	4:52	0.0	6:46	6:51	
19	Wed	11:21	9.9	11:43	9.8	5:06	0.1	5:29	-0.3	6:44	6:52	
20	Thu			12:00	10.1	5:46	-0.3	6:06	-0.5	6:42	6:53	
21	Fri	12:20	10.2	12:41	10.2	6:27	-0.7	6:45	-0.6	6:40	6:54	
22	Sat	12:58	10.4	1:22	10.2	7:09	-0.9	7:26	-0.7	6:39	6:56	
23	Sun	1:38	10.6	2:07	10.1	7:53	-1.0	8:10	-0.5	6:37	6:57	
24	Mon	2:22	10.6	2:55	9.8	8:41	-1.0	8:58	-0.3	6:35	6:58	
25	Tue	3:11	10.5	3:50	9.5	9:34	-0.8	9:52	0.1	6:33	6:59	
26	Wed	4:07	10.3	4:51	9.2	10:32	-0.5	10:51	0.4	6:31	7:01	
27	Thu	5:09	10.0	5:57	8.9	11:36	-0.2	11:56	0.6	6:30	7:02	
28	Fri	6:17	9.8	7:06	8.9			12:44	-0.1	6:28	7:03	
29	Sat	7:28	9.8	8:14	9.2	1:06	0.7	1:53	-0.1	6:26	7:04	
30	Sun	8:36	9.9	9:15	9.5	2:17	0.5	2:58	-0.3	6:24	7:05	
31	Mon	9:37	10.1	10:09	9.9	3:21	0.1	3:54	-0.5	6:22	7:06	