

































Portland, ME - Mar 2054

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:29	9.3	5:09	8.4	10:53	0.5	11:09	1.2	6:16	5:29	
2	Mon	5:29	9.0	6:13	8.1	11:57	0.8			6:14	5:31	
3	Tue	6:30	8.8	7:15	8.0	12:12	1.5	1:01	0.9	6:13	5:32	
4	Wed	7:30	8.8	8:10	8.2	1:15	1.5	1:59	0.8	6:11	5:33	
5	Thu	8:23	9.0	8:59	8.4	2:11	1.4	2:49	0.6	6:09	5:34	
6	Fri	9:10	9.2	9:41	8.7	2:58	1.1	3:32	0.4	6:08	5:36	
7	Sat	9:52	9.4	10:20	8.9	3:40	0.8	4:09	0.2	6:06	5:37	
8	Sun	11:31	9.6	11:56	9.2	5:19	0.5	5:44	0.0	7:04	6:38	
9	Mon			12:07	9.7	5:54	0.3	6:16	0.0	7:02	6:39	
10	Tue	12:30	9.4	12:42	9.7	6:29	0.2	6:48	-0.1	7:01	6:41	
11	Wed	1:01	9.5	1:16	9.6	7:04	0.0	7:21	0.0	6:59	6:42	
12	Thu	1:33	9.6	1:52	9.5	7:40	-0.1	7:56	0.0	6:57	6:43	
13	Fri	2:07	9.7	2:30	9.3	8:19	-0.1	8:34	0.2	6:55	6:44	
14	Sat	2:45	9.7	3:13	9.1	9:02	-0.1	9:17	0.4	6:53	6:46	
15	Sun	3:28	9.7	4:02	8.9	9:50	0.0	10:06	0.6	6:52	6:47	
16	Mon	4:19	9.6	4:59	8.6	10:45	0.1	11:01	0.7	6:50	6:48	
17	Tue	5:17	9.6	6:01	8.6	11:45	0.2			6:48	6:49	
18	Wed	6:21	9.6	7:10	8.7	12:03	0.8	12:50	0.1	6:46	6:51	
19	Thu	7:30	9.8	8:18	9.0	1:10	0.7	1:58	-0.1	6:44	6:52	
20	Fri	8:38	10.2	9:20	9.6	2:18	0.3	3:02	-0.6	6:43	6:53	
21	Sat	9:40	10.6	10:16	10.1	3:22	-0.2	4:00	-1.0	6:41	6:54	
22	Sun	10:37	11.0	11:08	10.7	4:20	-0.8	4:52	-1.3	6:39	6:55	
23	Mon	11:31	11.1	11:57	11.0	5:14	-1.3	5:42	-1.5	6:37	6:57	
24	Tue			12:22	11.1	6:06	-1.5	6:31	-1.4	6:35	6:58	
25	Wed	12:45	11.1	1:12	10.9	6:56	-1.6	7:17	-1.1	6:34	6:59	
26	Thu	1:31	11.0	2:01	10.5	7:45	-1.4	8:03	-0.6	6:32	7:00	
27	Fri	2:17	10.7	2:50	9.9	8:34	-1.0	8:51	-0.1	6:30	7:01	
28	Sat	3:05	10.2	3:42	9.3	9:25	-0.5	9:40	0.6	6:28	7:03	
29	Sun	3:55	9.7	4:37	8.7	10:18	0.1	10:34	1.1	6:26	7:04	
30	Mon	4:50	9.2	5:35	8.3	11:15	0.6	11:31	1.6	6:25	7:05	
31	Tue	5:47	8.8	6:34	8.1			12:15	1.0	6:23	7:06	