
































## Portland, ME - Jul 2055

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:32	10.2	5:14	10.0	10:50	-0.5	11:20	0.3	5:03	8:26	
2	Fri	5:33	9.9	6:12	10.2	11:47	-0.3			5:04	8:26	
3	Sat	6:38	9.6	7:11	10.3	12:24	0.2	12:46	0.0	5:04	8:26	
4	Sun	7:44	9.4	8:11	10.5	1:30	0.1	1:47	0.2	5:05	8:25	
5	Mon	8:48	9.3	9:08	10.6	2:35	-0.1	2:47	0.3	5:05	8:25	
6	Tue	9:47	9.3	10:02	10.8	3:35	-0.4	3:44	0.3	5:06	8:25	
7	Wed	10:43	9.4	10:53	10.8	4:29	-0.6	4:36	0.4	5:07	8:24	
8	Thu	11:35	9.4	11:42	10.8	5:21	-0.7	5:26	0.4	5:08	8:24	
9	Fri			12:23	9.4	6:09	-0.7	6:14	0.5	5:08	8:23	
10	Sat	12:29	10.6	1:09	9.3	6:54	-0.6	6:59	0.7	5:09	8:23	
11	Sun	1:13	10.4	1:52	9.2	7:37	-0.4	7:43	0.8	5:10	8:22	
12	Mon	1:55	10.1	2:34	9.1	8:18	-0.1	8:27	1.0	5:11	8:22	
13	Tue	2:38	9.8	3:17	9.0	8:59	0.2	9:12	1.2	5:11	8:21	
14	Wed	3:22	9.4	4:00	8.9	9:40	0.5	9:59	1.4	5:12	8:21	
15	Thu	4:08	9.0	4:45	8.8	10:23	0.8	10:48	1.5	5:13	8:20	
16	Fri	4:57	8.6	5:31	8.8	11:06	1.1	11:38	1.6	5:14	8:19	
17	Sat	5:48	8.3	6:17	8.9	11:52	1.3			5:15	8:19	
18	Sun	6:41	8.1	7:06	9.0	12:31	1.6	12:40	1.5	5:16	8:18	
19	Mon	7:37	8.0	7:56	9.2	1:26	1.4	1:32	1.5	5:17	8:17	
20	Tue	8:32	8.1	8:46	9.5	2:21	1.2	2:24	1.5	5:18	8:16	
21	Wed	9:24	8.3	9:34	9.9	3:12	0.8	3:14	1.2	5:19	8:15	
22	Thu	10:13	8.6	10:20	10.3	4:00	0.3	4:02	0.9	5:20	8:14	
23	Fri	11:00	9.0	11:07	10.7	4:47	-0.2	4:50	0.5	5:21	8:14	
24	Sat	11:47	9.4	11:55	11.0	5:33	-0.6	5:38	0.2	5:22	8:13	
25	Sun			12:35	9.7	6:19	-1.0	6:28	-0.1	5:23	8:12	
26	Mon	12:44	11.2	1:22	10.0	7:06	-1.2	7:18	-0.3	5:24	8:11	
27	Tue	1:33	11.2	2:11	10.3	7:54	-1.3	8:10	-0.4	5:25	8:09	
28	Wed	2:25	11.1	3:02	10.4	8:43	-1.2	9:05	-0.4	5:26	8:08	
29	Thu	3:19	10.7	3:56	10.4	9:35	-1.0	10:04	-0.3	5:27	8:07	
30	Fri	4:18	10.3	4:53	10.4	10:30	-0.6	11:05	-0.1	5:28	8:06	
31	Sat	5:20	9.8	5:51	10.3	11:27	-0.2			5:29	8:05	